## Strategies for integrating primary health services in low- and middle-income countries at the point of delivery (Review)

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[Intervention Review]

## Strategies for integrating primary health services in low- and middle-income countries at the point of delivery

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## ABSTRACT

#### Background

In some low- and middle-income countries, separate vertical programmes deliver specific life-saving interventions but can fragment services. Strategies to integrate services aim to bring together inputs, organisation, and delivery of particular functions to increase efficiency and people's access. We examined the evidence on the effectiveness of integration strategies at the point of delivery (sometimes termed 'linkages'), including integrated delivery of tuberculosis (TB), HIV/AIDS and reproductive health programmes.

#### Objectives

To assess the effects of strategies to integrate primary health care services on healthcare delivery and health status in low- and middleincome countries.

#### Search strategy

We searched The Cochrane Central Register of Controlled Trials (CENTRAL) 2010, Issue 3, part of the *The Cochrane Library*. www.thecochranelibrary.com, including the Cochrane Effective Practice and Organisation of Care Group Specialised Register (searched 15 September 2010); MEDLINE, Ovid (1950 to August Week 5 2010) (searched 10 September 2010); EMBASE, Ovid (1980 to 2010 Week 35) (searched 10 September 2010); CINAHL, EBSCO (1980 to present) (searched 20 September 2010); Sociological Abstracts, CSA Illumina (1952 to current) (searched 10 September 2010); Social Services Abstracts, CSA Illumina (1979 to current) (searched 10 September 2010); International Bibliography of the Social Sciences, Webspirs (1951 to current) (searched 01 July 2008); HealthStar (1975 to September 2005), Cab Health (1972 to 1999), and reference lists of articles. We also searched the World Health Organization (WHOLIS) library database, handsearched relevant WHO publications, and contacted experts in the field.

#### Selection criteria

Randomised controlled trials, non-randomised controlled trials, controlled before and after studies, and interrupted time series analyses of integration strategies, including strengthening linkages, in primary health care services. Health services in high-income countries, private public partnerships, and hospital inpatient care were excluded as were programmes promoting the integrated management of childhood illnesses. The main outcomes were indicators of healthcare delivery, user views, and health status.

#### Data collection and analysis

Two authors independently extracted data and assessed the risk of bias. The statistical results of individual studies are reported and summarised.

#### Main results

Five randomised trials and four controlled before and after studies were included. The interventions were complex.

Five studies added an additional component, or linked a new component, to an existing service, for example, adding family planning or HIV counselling and testing to routine services. The evidence from these studies indicated that adding on services probably increases service utilisation but probably does not improve health status outcomes, such as incident pregnancies.

Four studies compared integrated services to single, special services. Based on the included studies, fully integrating sexually transmitted infection (STI) and family planning, and maternal and child health services into routine care as opposed to delivering them as special 'vertical' services may decrease utilisation, client knowledge of and satisfaction with the services and may not result in any difference in health outcomes, such as child survival. Integrating HIV prevention and control at facility and community level improved the effectiveness of certain services (STI treatment in males) but resulted in no difference in health seeking behaviour, STI incidence, or HIV incidence in the population.

#### Authors' conclusions

There is some evidence that 'adding on' services (or linkages) may improve the utilisation and outputs of healthcare delivery. However, there is no evidence to date that a fuller form of integration improves healthcare delivery or health status. Available evidence suggests that full integration probably decreases the knowledge and utilisation of specific services and may not result in any improvements in health status. More rigorous studies of different strategies to promote integration over a wider range of services and settings are needed. These studies should include economic evaluation and the views of clients as clients' views will influence the uptake of integration strategies at the point of delivery and the effectiveness on community health of these strategies.

## PLAIN LANGUAGE SUMMARY

#### Integrating healthcare services in low- and middle-income countries

In some low- and middle-income countries, healthcare services are organised around a specific health problem. This can cause fragmentation as people are required to visit separate clinics depending on their health problem or need. The logic is that specialist clinics lead to better care and health outcomes because skilled healthcare providers then provide the specialised services and technologies related to the healthcare need. On the other hand, separating out services for specific diseases can be inefficient for both the provider, with service duplication, and the patient who has to visit different services for their health care. For example, a mother has to go to one clinic for family planning services and another for her children to be vaccinated, or a person with HIV and TB has to go to separate clinics for each disease.

One solution is to integrate healthcare services at the point of delivery or to strengthen the linkages between the services. The purpose of integration is to improve co-ordination and service delivery by providing services together, for example services for mothers and their children in one centre. It is believed that integration ensures that services are managed and delivered together, for an efficient and high quality service. It is also believed that integration of care leads to greater public access, including more equitable access for people from different communities and socio-economic backgrounds, a more convenient and satisfying service, and better health overall. Others believe that, with integration of care, healthcare professionals might become overloaded or not have the specialised skills to manage specific diseases, which could lead to poor quality services and poor health.

This updated review included nine studies that evaluated integrated care or linkages in care. The studies made two types of comparison.

1) Integration of care, by adding a service to an existing service (tuberculosis (TB) or sexually transmitted infection (STI) patients were offered HIV testing and counselling; mothers attending an immunisation clinic were encouraged to have family planning services).

2) Integrated services versus single, special services (family planning, maternal and child health delivered as a special vertical programme or integrated into routine healthcare delivery).

There was some evidence from the included studies that adding on services or creating linkages to an existing service improved its use and delivery of health care but little or no evidence that fuller integration of primary healthcare services improved people's health status in low- or middle-income countries. People should be aware that integration may not improve service delivery or health status. If policy makers and planners consider integrating healthcare services they should monitor and evaluate them using good study designs.

## SUMMARY OF FINDINGS FOR THE MAIN COMPARISON [Explanation]

Main interventions	Key Findings
Add on of services	
1.Does adding-on of family planning services to primary care improve use and effectiveness of family planning compared to usual care? Summary of findings 2	Adding on family planning to other services probably increases use of family planning; but probably results in little difference in incident pregnancies.
2. Does adding on provider initiated counselling and testing (PICT) at primary health care (PHC) facilities increase HIV counselling and testing of clients attending tuberculosis or sexually transmitted infection clinics? Summary of findings 3	Adding on PICT to TB and STI PHC clinic services probably increases the number of people receiving HIV counselling and HIV testing.
3. Does adding on nutrition and child health services at facility and community level reduce mortality in children? Summary of findings 4	The effects of adding on nutrition and child health services are uncertain because the quality of the evidence is very low
Integration compared to vertical delivery	
1. Does integration of sexually transmitted infection services improve utilisation and client satisfaction with care? Summary of findings 5	Integrating STI services into routine PHC may decrease utilisation of the services, and may decrease women's satisfaction with services.
2. Does integrated family planning, maternal and child health care improve family planning use and child health outcomes compared to vertical delivery of these services? Summary of findings 6	Integration of FP and MCH services may decrease knowledge of family planning; may lead to little difference in family planning utilisation; and may lead to little or no difference in child survival.
3. Does integration of HIV prevention and control at community and facility level reduce risk factors for HIV and HIV incidence? Summary of findings 7	Integration of HIV prevention and control improves effectiveness of STI treatment in males; but results in no difference in health seeking behaviour, STI incidence or HIV incidence in the population.

## BACKGROUND

#### **Description of the condition**

#### Horizontal and vertical systems

Health care, even at the first contact level, is complicated. The outputs are diverse, tailored to specific health needs, and dependent on the inputs of different groups of providers, some of whom are specialised in managing certain groups of diseases or patients. Thus a quality health service in part depends on components of the service being 'specialised'. In first contact care in low- and middle-income countries this plays out in its most extreme form as series of 'vertical' programmes with resources, staff and activities contained within each silo, such as in family planning, malaria control, tuberculosis control, HIV prevention and treatment, and delivery of vaccines to prevent common childhood illnesses. There are advantages to this approach in countries where the publicly funded healthcare system is relatively weak as specialised, vertical programmes allow for central technical supervision, dedicated resources, and direct monitoring and evaluation to ensure performance. This approach is therefore thought to assure delivery of services.

On the other hand vertical systems of delivery have disadvantages. They can be extremely inefficient, with service duplication and fragmentation. The public are confronted with an array of different publicly funded activities occurring at different times and in different ways. Health managers may also find it difficult to work effectively as communication is poor between the groups; and training, supervision, drug supplies, and reporting systems are duplicated. In addition, where the imperative to deliver is very strong among external donors who fund programmes, the programmes may employ people with better conditions of service than in government services. This drains skilled and scarce human resources from the routine services. The desire by governments to meet donors' performance requirements for their programmes may also result in the prioritisation of these programmes and cause shifts in management and other support that favours vertical programmes and adversely affects the routine services.

Since the 1960s, debates about the comparative advantages and disadvantages of horizontal and vertical system approaches have often been polarised by the philosophical beliefs of proponents in each camp (Walsh 1979; Mills 1983; Wisner 1988). The debates have endured to this day, with the belief among some that integration of services is important to improve the efficiency of the health system and the quality of health care for the public.

The strategy of integration of primary health care (PHC) has received renewed attention in recent years (Frenk 2009). An emerging school of thought is that the delivery of vertical programmes and the provision of comprehensive healthcare services are not mutually exclusive. Rather they are complementary approaches within a continuum of care in complex healthcare delivery environments which require effective planning, co-ordination and management (Unger 2003; WHO 2005; Kerber 2007).

#### **Bundles of cost-effective strategies**

'Integration' is used in slightly different ways by various authors. With the advent of evidence-informed approaches, better assessment and quantification of the various ingredients of first contact care have become available. For example, Bhutta and colleagues identified 37 key interventions and strategies from systematic reviews for the delivery of maternal, child and newborn health and survival interventions through primary care (Bhutta 2008). In this context integration is used to describe how to deliver a bundle of cost-effective strategies (in child health or maternal health, for example) through the existing primary healthcare system (Ekman 2008). Nevertheless, this still conforms to a model of integration as a way of delivering a series of targeted technologies and interventions together that sometimes have been delivered as a series of 'vertical' programmes (in malaria, tuberculosis or the extended

immunisation of childhood illnesses, for example). This is similar to the delivery of the Integrated Management of Childhood Illness (IMCI) strategy, which may be delivered as a fully integrated part of routine PHC or in some settings as a 'vertical' programme (WHO 1997). Another example is neglected tropical disease programmes in which integration is seen as these programmes working together with the much larger programmes of malaria control and HIV (Gyapong 2010).

#### Linkages between programmes

A further level of complexity has been added with the renewed popularity of the term 'linkages'. This term was used originally to describe the lowest level of integration. It preceded 'co-ordination' and 'full integration', which were seen as more advanced forms of integration of health and social services (Leutz 1999). Linkages were based on sharing of information on request and efficient referral systems between different service providers. Co-ordination is a more structured form of integration than linkage that includes features such as the use of a common information system, dedicated staff to improve links between different service providers (discharge planners, for example) but still operates largely through separate structures. 'Full integration' creates new services where resources from multiple systems are pooled. In the reproductive health field, terms such as 'linkages' are being used increasingly to describe and advocate for the integration of services.

A recently published policy brief from WHO and other multilateral donors advocates linkages in sexual and reproductive health (WHO/HIV/2008, WHO 2009).

This policy document is based on a systematic review, which as of June 2011 was unavailable. The policy brief concludes that the evidence from the systematic review shows that linkages lead to a reduction in HIV-related stigma and discrimination and a better understanding and protection of individuals' rights. A 2010 publication, based on a subset of the papers included in the policy brief, more generally advocates for linkages, and concludes that existing evidence provides support for linkages. It further states that although significant gaps in the literature remain, policy makers, programme managers, and researchers should continue to advocate for, support, implement and rigorously evaluate sexual and reproductive health and HIV linkages (Kennedy 2010).

#### **Description of the intervention**

To illustrate the variety of settings and services in which integration is used in relation to health in low- and middle-income countries, and to help us reach a working definition, we searched MEDLINE and Popline using general search terms such as 'integration', 'linkages' and 'health care delivery'. We contacted WHO and studied existing reviews to identify a variety of studies, case studies and descriptive reports describing integration at the primary healthcare level. A fuller analysis of these was previously con-

ducted (Capdegelle 1999) and helped us develop our inclusion criteria.

Several models and descriptions of integration have been presented in the literature (WHO 1996;Capdegelle 1999; Leutz 1999; WHO/HIV/2008);

1. integration at the level of service delivery;

2. integration of management (planning, resource allocation, training and supervision, information systems); and

3. integration of organisations (co-ordination between providers, inter-sectoral co-ordination, and communities) (WHO 1996; Ekman 2008).

This review focused on studies of integration at the level of service delivery.

Some examples of integration of service delivery that we identified include:

• Sexually transmitted disease treatment services integrated with provision of family planning;

• HIV education integrated with family planning;

• Immunisation programmes integrated within primary care services;

- HIV counselling and testing integrated into TB programmes; ;
  - TB control integrated with leprosy control;
  - Antenatal care and maternal child health (MCH) clinics.

#### Levels of care:

Integration may also occur at different levels of health care. For example, integration between family planning and child health in primary health care can be:

• exclusively at the facility level where health workers provide health services;

• at the facility level and in the community. These forms of integration utilise community health workers to raise awareness about services, provide information, and conduct household visits to identify people in need and to carry out some basic monitoring and service delivery.

In this review, we are concerned only with primary care, including government or non-government agency primary healthcare services. We excluded studies concerned with collaboration between the public and private for-profit sectors, and with hospital inpatient services.

Integration between specialist services in high-income countries with highly sophisticated levels of care may have similar goals to integration in low- and middle-income countries. However, the context is very different to poorer countries and therefore the findings of studies evaluating these programmes may not be applicable in poorer settings. This review therefore excluded studies conducted in high-income countries, as defined by the World Bank (World Bank 2001) (details at www.worldbank.org).

#### Packages of care:

Some packages of care are described as integrated. Thus nutrition programmes which include a multiple array of inputs may be called

an 'integrated nutrition programme'. However, they are generally implemented as a single vertical programme with several activities and are not strategies to promote integration. Similarly, the World Health Organization/UNICEF strategy 'Integrated Management of Childhood Illness' (IMCI) strategy started initially as an attempt to package case management care obtained from a series of vertical programmes (diarrhoeal disease control, acute respiratory tract infection, malaria, and nutrition) but grew to encompass prevention through immunisation, improved referral and health education (WHO 2005). This review focuses on the integration of vertical programmes into general health services at the point of delivery. We have therefore excluded 'packages' of care such as the Integrated Management of Childhood Illnesses (IMCI)and integrated nutrition programmes. IMCI has been evaluated in field trials and is the subject of a separate, forthcoming Cochrane review.

#### How the intervention might work

The present review is concerned with integration and strengthening linkages at the point of delivery. In such initiatives, providers are aiming to bring together several service functions, increase service coherence, and reduce fragmentation. For example, patients with particular health issues are often required to visit different clinics and services, which entails multiple journeys and wasted time. Here the purpose of integration is to provide services delivered together around a particular client group's needs, for example a sexually transmitted infection service (STI) combined with provision of contraceptives (family planning) or integrating services for mothers and their children. Improved efficiency at the point of delivery will include efficiency from the provider view point (in terms of better outputs for similar inputs and increased service utilisation) and from the user perspective (service more accessible or user friendly, for example). It is important to explore whether strategies that promote integrated delivery improve the efficiency of services and have an impact on health status. In areas where the public health system is relatively weak, targeted, vertical programmes may well have advantages in that they ensure delivery of a life saving technology; whereas integrated programmes with increased complexity may actually be less effective in delivering the services.

#### Outcomes

Integration aims to improve the services in relation to efficiency and access, thereby maximising use of resources and opportunities. For example, a primary healthcare unit is expected to cure people (using staff, procedures, and drugs); deliver vaccines (with effective cold chains, immunisation schedules, and information systems to ensure coverage); and provide reproductive health services (requiring expertise in family planning methods, skills in ad-

vising people, treatment of STIs and provision of effective follow up). Strategies to promote integration and linkages would ensure that these services were managed together to maximise efficiency and to increase opportunities for accessing the service. Thus the main intended outcomes of integration are improved efficiency, increased access to health services, improved satisfaction with care, and better health status overall.

## Why it is important to do this update of the review

Initiatives to revitalize primary health care advocate integration as a key element of such renewal (Frenk 2009). Previous versions of this review have found limited rigorous evidence to inform decision making of the effectiveness of integration strategies . and advocated that further rigorous studies be conducted. This update seeks to identify, evaluate and include any new evidence on integration to inform policy making and planning of health care in low- and middle-income countries.

The reasons for the original review were that a wider range of services can be offered through integration and strengthened linkages, which could reduce differences in access and utilisation of health services between geographic areas and socio-economic groups, leading to greater equity (WHO 1996). Increased convenience for users may also lead to their increased satisfaction with services. Furthermore, some experts believe that integrated services are more likely to be sustainable, in the long term, than vertical programmes and can improve health overall (WHO 1996). However, such strategies may have unintended and unwanted outcomes; for example, health workers becoming overloaded or deskilled. Their ability and capacity to deliver specific technical services may be impaired, the quality of services may decline, service goals may not be achieved its goals and health outcomes may deteriorate. Integrated strategies may also increase the cost of service provision. Given these debates, an update of this review was needed. We have revised the text and inclusion criteria to take into account the shifts in definitions of integration. We have also included the new term 'linkages', as a form of integration at the point of delivery, particularly in relation to the policy debates in TB, HIV and reproductive health.

## OBJECTIVES

To determine whether strategies that aim to integrate primary health services or strengthen linkages at the point of delivery in low- and middle-income countries:

a) improve healthcare delivery (including processes, outputs, service quality, and cost);

b) produce a more coherent product (including user acceptability and satisfaction);

c) improve health outcomes (including user behaviour change, morbidity or mortality).

## METHODS

#### Criteria for considering studies for this review

#### **Types of studies**

We included randomised controlled trials (RCT), non-randomised controlled trials (NRCT), controlled before and after studies (CBA), and interrupted time series analyses (ITS). A NRCT was defined as a study that allocated units to intervention and control groups using methods that are not random. A CBA study was defined as one in which observations were made before and after the implementation of an intervention, both in a group that received the intervention and a control group that did not. CBA studies needed to include a minimum of two intervention and two control sites that were comparable, and contemporaneous data collection. To be eligible for inclusion, ITS studies needed to evaluate a change attributable to the intervention, have a clearly defined point in time when the intervention occurred and have at least three data points before and three after the intervention.

#### **Types of participants**

For this review, the units of study are the sites where primary care is delivered (healthcare facilities or clinics). Studies including any providers of primary health care were eligible for inclusion. For example, providers in publicly managed services (either free health services or with systems of cost recovery); in non-governmental organisations; or in private organisations delivering services, for any kind of health problem. The review excludes studies conducted in high-income countries as defined by the World Bank (World Bank 2001).

#### **Types of interventions**

Any management or organisational change strategy applied to existing systems that aimed to increase integration at the service delivery level in primary health. Primary health care is defined as the patient's first point of access to formal provision of health care, including general outpatient clinics of hospitals. We limited this to ambulatory or outpatient care providing formal primary health care (as the primary contact).

We excluded the following types of studies: those implemented in hospital (apart from general outpatient care) and speciality settings or inpatient care (secondary and tertiary care); those implemented in specialised hospital outpatient clinics; studies integrating service delivery across or between primary, secondary and tertiary

care; studies evaluating a public, private for-profit service mix; and studies of "packages" of vertical interventions such as IMCI and integrated nutrition programmes.

#### Types of outcome measures

We anticipated a variety of outcomes reflecting different settings. We identified the main categories of outcomes, listed below:

#### **Primary outcomes**

#### Healthcare delivery, as defined by providers

Utilisation, service outputs, measures of service quality and efficiency (unit cost) Unit of analysis: facility or clinic

#### Healthcare received, as defined by users

User views Unit of analysis: clinic users; communities

#### Health behaviour and status outcomes

Variables: knowledge and behaviour change, nutritional status, morbidity or mortality Unit of analysis: facilities and communities

### Search methods for identification of studies

The original search strategy was used, but in the 2010 update we specifically sought for and included any study which considered linkages between TB, HIV, reproductive health, and STI services. These were always included in the review but we searched additional sources such as the bibliography of the WHO Links review to ensure we had all relevant studies (WHO/HIV/2009).

The following electronic bibliographic databases were searched: • The Cochrane Central Register of Controlled Trials

(CENTRAL) 2010, Issue 3, part of the *The Cochrane Library*. www.thecochranelibrary.com, including the Cochrane Effective Practice and Organisation of Care Group Specialised Register (searched 15 September 2010)

• MEDLINE, Ovid (1950 to August Week 5 2010) (searched 10 September 2010)

• EMBASE, Ovid (1980 to 2010 Week 35) (searched 10 September 2010)

• CINAHL, EBSCO (1980 to present) (searched 20 September 2010)

• Sociological Abstracts, CSA Illumina (1952 to current) (searched 10 September 2010)

• Social Services Abstracts, CSA Illumina (1979 to current) (searched 10 September 2010)

- POPLINE (1970 to current) (searched 10 September 2010)
  International Bibliography of the Social Sciences, Webspirs
- (1951 to current) (searched 01 July 2008)
  - HealthStar (1975 to September 2005)
  - Cab Health (1972 to 1999)

We also searched the World Health Organization (WHOLIS) library database, handsearched relevant WHO publications, and contacted experts in the field. Reference lists of studies were scanned for relevant studies and, where necessary, the authors were contacted for copies of articles.

The MEDLINE terms and strategy were translated into appropriate strategies for the other databases.

Full search strategies for all databases are included in Appendix 1.

#### Data collection and analysis

#### Selection of studies

Two authors examined the lists of references generated by the search and retrieved any likely studies. Two authors then independently assessed the retrieved studies for inclusion using a checklist for eligibility based on the inclusion criteria listed above. The methods of selection of studies followed standard guidelines from the EPOC Group (www.epoc.uottawa.ca ). Disagreements between the review authors regarding study inclusion were resolved by discussion. In the 2005 update, we moved Taylor 1987 from an included study to an excluded study as we were unable to determine how the communities were allocated, and the paper gave no reassurance that this was randomised. Subsequent correspondence with the authors provided sufficient information on the trial design and methods to address the earlier concerns, and the study was included again in the 2010 update.

#### Data extraction and management

Data extraction was carried out by two authors, based on the EPOC Group's data collection checklist. We extracted standard information about methods, participants, interventions, and outcomes. The results from similar integration strategies were grouped together.

All studies were complex in relation to both intervention and the evaluation methods used. We grouped studies into those that were exclusively clinic based and those that also included a substantial community component. We then further divided the studies into those where the researchers simply 'added on' one new function to an existing service, and those that made a more substantive

effort to integrate delivery (as opposed to having separate vertical programmes). In studies which had more than one intervention group, but the interventions in these groups were similar, we combined the intervention groups in the analysis (Mark 2007, Nyamuryekung'e 1997). The study results were not pooled in a meta-analysis as there was considerable heterogeneity in the content, design, settings, and outcomes of the studies. We have therefore presented a narrative summary of the study findings.

Of the four cluster randomised trials included in the review, two studies (Pope 2008; Gregson 2007) had adjusted for intra-cluster correlation. Attempts were made to adjust for clustering in the cluster RCT's where this had not been done adequately by the authors. However, insufficient data were available to make these adjustments in the relevant studies (Huntington 1994; Nyamuryekung'e 1997).

#### Assessment of risk of bias in included studies

Two authors assessed the risk of bias in eligible studies using the EPOC risk of bias criteria which has been adapted from the Cochrane Collaboration criteria for assessing risk of bias (Higgins 2009). A GRADE assessment of the quality of the evidence was done using GradePro and is reported in summary of findings tables 2-7. Criteria used for assessing the quality of the evidence included: limitations in the design and implementation of the study, indirectness of evidence, unexplained heterogeneity or inconsistency of results, imprecision of results, and publication bias.

Table 1. Additional Table 1: Description of interventions in "Add on" studies

#### RESULTS

#### **Description of studies**

See: Characteristics of included studies; Characteristics of excluded studies; Characteristics of ongoing studies.

### **Included studies**

Nine studies, including two sub studies contained in one publication (Taylor 1987) met the inclusion criteria. These included five randomised controlled trials (RCTs) (Huntington 1994; Nyamuryekung'e 1997; Gregson 2007; Mark 2007; Pope 2008) and four controlled before and after (CBA) studies (Tuladhar 1982; Taylor 1987 (FP); Taylor 1987 (Nutrition); Leon 2010). The latter studies had contemporaneous data collection and the control sites were comparable.

All the studies, with the exception of the Narangwal study (Taylor 1987), could be grouped into those that were exclusively clinic based and those that also included a substantial community component.

#### Participants

Study participants included individual patients, couples, households, and communities using primary healthcare services; and providers of primary healthcare services (Table 1, Table 2). Most of the interventions included training and additional supervision and support of the health service providers. The service providers were mainly nurses (Mark 2007; Pope 2008; Leon 2010; Gregson 2007), physicians (Nyamuryekung'e 1997), lay family health workers or auxiliary health workers (Tuladhar 1982; Taylor 1987 (FP); Taylor 1987 (Nutrition)), or an undefined category of service providers (Huntington 1994). The studies used health workers who were already working in the facilities or communities and did not recruit additional staff, with the exception of Nyamuryekung'e 1997 in which 'visiting outreach clinicians' were introduced.

Study Setting Point of delivery Health workers Patients/ participants Organisation of services Huntington 1994 Ministry of Health EPI Primary Clinic EPI service Women attending care clinics providing improviders (not specified if the clinics for immunisaservices are fully intemunisation (EPI) services tion of their children grated into MCH services nurses or other) in Togo. FP was offered as a vertical programme in the public sector Leon 2010 Primary care STI clinics Nurses working in STI New STI clients STI clinics were managed by local governclinics

## Table 1. Additional Table 1: Description of interventions in "Add on" studies (Continued)

				ment (municipal) health departments
Mark 2007	Voluntary HIV Coun- selling and Testing (VCT) clinic	Trained nurses, clinical of- ficers and/or social work- ers	Co-habiting couples at- tending the clinic	The VCT centre was es- tablished as part of a larger research project (Zam- bia Emory HIV Research Project)
Pope 2008	Primary care TB clinics	Designated TB nurse in each clinic	New adult (>18 years) TB patients attending the clinics	TB clinics were man- aged by local govern- ment (municipal) health departments
Taylor 1987	Community based PHC services provided by f am- ily health workers (FHWs ) in villages, supported by local health services	FHWs based in villages (retrained auxiliary nurse midwives or lady health visitors with 1.5 years health training beyond middle school).	Children aged between 0- 36 months living in the villages.	FHWs received weekly supervisory visits by doc- tors or nurses. Referred 10% of patients to these supervisory staff or health facilities
Taylor 1987	Commu- nity based PHC services provided by FHWs in vil- lages, supported by local health services	F HWs based in vil- lages (retrained auxiliary nurse midwives or lady health visitors with 1.5 years health training be- yond middle school).	Couples living in the vil- lages	FHWs received weekly supervisory visits by doc- tors or nurses. Referred 10% of patients to these supervisory staff or health facilities

## Table 2. Additional Table 2: Description of integrated interventions compared to special or vertical programmes

Study	Setting			
	Point of delivery	Health workers	Patients/participants	Organisation of ser- vices
Gregson 2007	Integrated community and clinic based activities in communities with at least one government or mission health centre	Clinic nursing staff (trained in syndromic management of STIs) Peer educators in com- munity sites;	Adults (male 17-54 years & female 15- 44 years) living in these communi- ties	Two local NGOs and government MoH and Child Welfare
Nyamuryekung'e 1997	Truck stops served by primary health clinics providing STI services	Clinicians at health facil- ities (provided with one week of training in STI m anagement ); or clin- icians who visited once	Female sexual partners of truck drivers, living at truck stops	Intervention linked to NGO AIDS prevention project targeting truck drivers

### Table 2. Additional Table 2: Description of integrated interventions compared to special or vertical programmes (Continued)

		every three months and saw women at sites away from health facilities. Peer health educators in all sites.		
Taylor 1987	Community based PHC services in villages sup- ported by local health services	Family health workers (FHWs) based in vil- lages (retrained auxiliary nurse midwives or lady health visitors with 1.5 years health training be- yond middle school).	Children aged between 0-36 months living in the villages.	FHWs received weekly supervisory visits by doctors or nurses. Re- ferred 10% of patients to these supervisory staff or health facilities
Taylor 1987	Community based PHC in villages supported by local health services	Family health workers based in villages	Couples living in the vil- lages	FHWs received weekly supervisory visits by doctors or nurses. Re- ferred 10% of patients to these supervisory staff or health facilities
Tuladhar 1982	Vertical: Special district based clinic cen- tres and panchayats, sup- ported by a district office Integrated: Health posts supported by a district office	Vertical: Separate health workers and trained vil- lage midwives. Health workers are primary link with village population. Do home visits, and pro- mote FP/MCH and de- liver services.	Households with mar- ried women aged 15 to 44 years in selected wards of districts	Separate organizational structure with own man- agement and supervisory staff for the vertical FP/ MCH services

Most facility based studies also provided additional diagnostic tests, contraceptives and drugs in the integrated arms. Gregson 2007 included additional community based information education and communication (IEC) and income generation inputs. None of the studies provided incentives for health workers or patients, to promote integration.

#### Interventions

Integration strategies in the included studies focused mainly on delivery arrangements, either involving professional or organisational changes, or both. No studies of governance or financial strategies to promote integration were identified or included. There were three main areas of delivery.

• <u>Family planning:-four studies evaluated integration around</u> family planning services. One trial that randomised clinics examined linking family planning services to an expanded programme of immunisation (EPI), in Togo (Huntington 1994); a CBA compared integrated family planning and maternal and child health services with vertical family planning, maternal and child health services, in Nepal (Tuladhar 1982); a RCT evaluated linking family planning services to a voluntary HIV counselling and testing service in Zambia (Mark 2007); and a CBA compared delivery of vertical and integrated family planning, child and women's health services, in Narangwal, India (Taylor 1987 (FP).

• <u>Nutrition and infectious disease control</u>, a CBA compared vertical and integrated nutrition and infectious disease interventions delivered by family health workers in Narangwal, India (Taylor 1987 (Nutrition).

• <u>STI</u> treatment, HIV/AIDS prevention and control, and <u>TB</u> <u>treatment</u>: one cluster RCT compared STI services provided either through "special" dedicated STI services or STI services integrated in routine primary health services in Tanzania

(Nyamuryekung'e 1997). Three studies assessed integration around HIV, STI, and TB services. These included a RCT of the integration of HIV testing and counselling in TB clinics (Pope 2008) and a NRCT in STI services (Leon 2010), both conducted in South Africa; and a RCT of integration of HIV prevention interventions in clinics and communities in Zimbabwe (Gregson 2007).

No included studies examined integration in neglected tropical diseases programmes.

The studies were grouped into those that either added a new service on to an existing programme, or evaluated vertical versus horizontal patterns of delivery (see Table A below).

#### Add-on services

Five studies assessed adding a function to an existing vertical programme (Table 1).

Clinic based: four studies described add-on interventions at facilities. In Togo (Huntington 1994), mothers attending an Expanded Program of Immunization (EPI) clinic were provided with individual counselling and were encouraged to attend a concurrent family planning clinic. In Zambia (Mark 2007), family planning was offered to couples attending an HIV voluntary counselling and testing service; and in South Africa (Pope 2008; Leon 2010), provider initiated HIV counselling and testing were added to TB and STI clinic services, respectively.

Clinic and community based: Taylor 1987 added a nutrition intervention or health care for infectious diseases in children, or both, through community based health workers; and family planning, women and children's health services in addition to routine services in the clinic.

#### Vertical versus horizontal delivery

Four studies assessed vertical interventions compared to a fuller integration of services (Table 2).

Clinic based: at the facility level, Nyamuryekung'e 1997 compared integrated STI care through routine services with special clinics outside normal working hours, or special teams of clinicians visiting every three months, in Tanzania.

Clinic and community based: the Tuladhar 1982 study in Nepal evaluated family planning, women's and child health services either through integrated primary preventive services or through a vertical programme, including both facility and community components. Taylor 1987 compared single and multiple (integrated) special services for nutrition and child health; as well as for family planning, women's and child health, with routine service delivery, in India. Gregson 2007 evaluated an integrated community and clinic based HIV control intervention, in Zimbabwe.

The Narangwal study was a complicated but important exception that seemed to cover several categories. This study examined one question around adding on services and another around vertical versus horizontal provision.

• <u>Add-on services:</u> in the first part of the study, two experimental groups were compared with routine services. Inone group nutrition care was added and in the other infection control programmes were added. A second part of the study examined whether adding family planning, women's and child health services to an existing programme was effective.

• <u>Vertical versus horizontal provision</u>: The first part of the study examined whether delivering nutrition and infection control programmes together was better than programmes delivering them singly. The second part of the study examined whether delivering family planning, women's and child services packaged together was better than providing them singly.

These different comparisons within Taylor 1987 meant it contributed both to the evaluation of the 'add-on' model and the 'vertical versus horizontal' data set.

Table A: Categorisation of studies into 'add on' or 'fully integrated' at facility level or community and facility levels

	Add on	Integrated versus vertical
Facility	Family planning to Expanded Programme of Im- munisation: Huntington 1994 Family planning to Voluntary Counselling and Testing: Mark 2007 Provider Initiated HIV counseling and testing to TB services: Pope 2008 Provider Initiatived HIV counseling and testing to STI services: Leon 2010	Different models of special or integrated STI treat- ment: Nyamuryekung 1997

(Continued)

Community and Facility	Nutrition and child health care added to routine	Vertical and integrated family planning/maternal
Community and Facility		vertical and integrated family planning/material
	services: Taylor 1987	and child health care programmes: : Tuladhar 1982
	Family planning, child health and women's health	Single and integrated and nutrition and child
	added to routine services: Taylor 1987	health care services: Taylor 1987
		Single and integrated family planning, child
		health, and women's health care services: Taylor
		1987
		Integrated HIV control: Gregson 2007

### **Excluded studies**

A large number of studies of integration were identified in the search. The characteristics of studies that appeared initially to be suitable but on closer inspection did not meet the inclusion criteria are provided in the Characteristics of excluded studies table. The main reasons for excluding studies were that the study design did not meet the inclusion criteria or the intervention did not match the criteria for integration strategies that were used in this review. outcomes concerned with the processes and outputs of healthcare delivery. Three studies assessed the effect on knowledge and behaviours of service users (Huntington 1994; Tuladhar 1982; Gregson 2007). Five studies measured the impact on health status (Tuladhar 1982; Gregson 2007; Mark 2007; Taylor 1987 (FP and nutrition sub studies)), although the quality of data on health status was poor in two studies (Tuladhar 1982; Taylor 1987). Only one study described any aspect of users' perceptions of the service, but reported only on 'users satisfied' as a dichotomous variable (Nyamuryekung'e 1997).

### Outcomes

We divided outcomes into three categories to correspond with the outcomes defined in the protocol. All nine studies included Our assessment of risk of bias, according to the EPOC checklist, is summarised in Table 3.

Risk of bias in included studies

Study	Design	Al- location se- quence ade- quately generated	Allo- cation con- cealment	Sim- ilar baseline characteris- tics or con- trolled in analysis	Blinded as- sessment	Incomplete outcome data ade- quately ad- dressed	Contami- nation pro- tection	Free of Se- lective Re- porting of Outcomes
Gregson 2007	Cluster RCT	Yes	Yes	Yes	No	Yes	Unclear	Yes
Huntington 1994	Cluster RCT	Unclear	Unclear	Yes	No	Unclear	Yes	Unclea r
Leon 2010	Controlled before and after study	No	No	Yes	No	Yes	No	Yes
Mark 2007	RCT	Yes	Yes	Yes	Unclear	Unclear	Yes	Yes

Table 3. Additional Table 3. Risk of Bias

Nya- muryekung'e 1997	Cluster RCT	Unclear	Unclear	Unclear	No	Unclear	Yes	Yes
Pope 2008	Cluster RCT	Unclear	Unclear	Yes	No	Unclear	Yes	Yes
Taylor 1987 (Family Planning)	Controlled before and after study	No	No	Yes (ad- ditional data ob- tained from author)	No	Unclear	Yes	No
Taylor 1987 (Nutrition)	Controlled before and after study	No	No	Yes (ad- ditional data ob- tained from author)	No	Unclear	Yes	No
Tuladhar 1982	Controlled before and after study	No	No	Yes	No	Yes	Yes	Yes

#### Table 3. Additional Table 3. Risk of Bias (Continued)

The included RCT (Mark 2007) and one cluster RCT (Gregson 2007) adequately addressed most potential risks of bias; with the exception of blinding which was not possible under the field conditions of these trials.

Three cluster RCTs (Huntington 1994; Nyamuryekung'e 1997, Pope 2008)did not describe how the allocation sequence was generated. Most of the studies had similar baseline characteristics in the intervention and comparison sites, but did not have blinded assessments. . Of the four cluster RCTs, Pope 2008 was the only one to clearly describe adjustments in the sample size or an analysis to address intra-cluster correlation.

The four CBA studies (Tuladhar 1982; Taylor 1987 (FP); Taylor 1987 (Nutrition); Leon 2010) each included at least two comparable groups in the intervention and control sites, and collected baseline as well as post-intervention assessments. None of these studies sought to identify or control for potential confounders in the analysis however.

#### **Effects of interventions**

See: Summary of findings for the main comparison; Summary of findings 2 Summary Table: Add on of family planning services; Summary of findings 3 Summary Table: Add on of HIV Counseling and Testing; Summary of findings 4 Summary Table: Add on of Nutrition and Child Health Services; Summary of findings 5 Summary Table: Integration of Sexually Transmitted Infection Services; Summary of findings 6 Summary Table: Integration of family planning, maternal and child health care; Summary of findings 7 Summary Table: Integration of HIV Prevention and Control

The studies varied extensively in their interventions as well as the outcomes measured. It was therefore not possible to do a metaanalysis of the results. The studies were therefore reported individually (Summary of findings tables 2-7) and summarised in the Summary of findings for the main comparison and the narrative. Studies were too heterogeneous for us to explore factors influencing the success or otherwise of integration strategies.

## Add-on services

The key findings of studies evaluating add-on services are included in the Summary of findings for the main comparison.

#### i. Facility based

In Togo (Huntington 1994, Summary of findings 2), mothers attending an EPI clinic were encouraged to attend a concurrent family planning clinic. Awareness of the availability of the family planning service increased, with a consequent increase in the number of new (P < 0.003) and total acceptors (P < 0.0001). A

survey found no change in desired birth interval associated with the intervention. The providers were interviewed but they were simply asked if they thought the intervention was having an impact on referrals: the responses suggested that the bulk of providers viewed the intervention as having a positive effect on referrals. Both control and intervention clinics increased the number of EPI doses administered over the study period, suggesting that adding on services did not have a negative effect on the EPI programme (Table 4).

Table 4.	Additional	Table 4:	Huntington	<b>1994:</b> ]	Togo (	(Cluster RCT	' of family	planning	g integ	gration	in EPI	services)
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Category	Measure and unit	Integrated (pre to post measure of change)	Vertical (pre to post measure of change	Difference
Health care delivery	Recall of FP message (% of EPI clients responding affirmatively)	9% pre to 21% post. Change +12	8% to 9%. Change +1	Change difference is +11
Health care delivery	Awareness of FP avail- ability at clinic (% of EPI clients responding affir- matively)	40% (pre) to 58% (post) . Change +18 (p<.001)	32 to 36%. Change +4	Change difference is +14
Health care delivery	Total family plan- ning clients per month (mean number from ser- vice records)	1035 to 1311; Change +276 (p<.0001)	704 to 768. Change +64 (NS)	Change difference +212 (p<.0001)
Intermediate outcomes	Provider's view: effect of message on consultations (self administered ques- tionnaire)	Did the message have an effect? "Yes": 90%; What type of effect? "positive": 96%; "negative": 4%.	Not applicable	

In Zambia (Mark 2007), couples attending a voluntary HIV counselling and testing (VCT) centre were offered free non-barrier contraceptives at the centre in addition to routine family planning education and referrals, provided for all clients. The couples offered family planning at the VCT centre had a significantly higher uptake of non-barrier contraceptives at three months (RR 2.39, CI1.74 to 3.29] (Summary of findings 2). However, incident pregnancies assessed at 12 months did not differ between the intervention and control groups (RR 0.89, CI 0.53 to 1.48]). High discontinuation rates of non-barrier contraceptives and high rates of oral contraception user failure were recorded. The use of nonbarrier contraception was not associated with decreased condom use. Client satisfaction was not assessed (Table 5).

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	Table 5	6. Additional	Table 5: Mark	x 2007: Zambia	(RCT	of family	planning a	at VCT	clinic)
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Outcome	Measure and Unit	Intervention	Control	Difference RR [95% CI]
Health care delivery	% follow up intervals dur- ing which a condom was used	62 and 58 months	63 months	Not significant

In South Africa (Pope 2008; Leon 2010), provider initiated HIV counselling and testing was added to services at TB clinics and STI clinics, respectively, through the training of health workers and the provision of tests and equipment. The interventions resulted in an increase of HIV counselling (RR 2.69, CI 1.81 to 3.99) and testing (RR 3.12, CI 2.04 to 4.77) for TB, and HIV testing for STI patients (RR 1.23, CI 1.18 to 1.28].(Summary of findings 3, Table 6, Table 7).

Table 6. A	Additional Table 6: Po	pe 2008: South Africa (0	Cluster RCT of integ	grated HIV counselling	g and testing	g in TB clinics)
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Outcom Category	Measure and unit	Integrated	Control	Difference RR [95%CI]
Health status	Mean % of patients tested HIV +	8.5% (30/352)	2.5% (10/402)	3.43 [1.70, 6.91]

#### Table 7. Additional Table 7: Leon 2010: South Africa (CBA of PICT in routine STI services)

Outcome Category	Measure and Unit	Integration (PICT)	Vertical (VCT)	<b>Difference</b> RR [95%CI]
Health Care Delivery	Declined HIV testing as a proportion of all new STI clients	20.4% (574/3053)	8.1 % (585/6027 )	1.94 [1.74, 2.15]
Health Care Delivery	Declined HIV testing as a proportion of those of- fered testing	26.7% (574/2326)	13.5% (585/3406)	1.44 [1.30, 1.59]

#### ii. Community and facility

tion control, and in the other arm on family planning, women's and child health.

In India (Taylor 1987), two complex interventions linked to family planning and nutrition were assessed. Both used family health workers to provide community based services in addition to routine government health services which served as the control. In one arm of the study the interventions focused on nutrition and infecThe addition of community based family planning to womens' and child health services improved family planning acceptance as compared to routine services. Women's and child health outcomes were not reported. Using family planning outcomes as a measure of effectiveness, the addition of family planning to maternal and

child health was reported as being more cost effective than the routine services (Table 8). However, serious limitations in study design and the early closure of the study makes the evidence of effect very uncertain (Summary of findings 2).

Table 8. Additional Table 10 : Taylor 1987: India (CBA of family planning integration with women and child health programmes)

Outcome Category	Measure and unit	Integration (FP, child health and womens health)	Vertical (FP and Child Health)	Vertical (FP and Womens health)	Control (Routine services)
Health Care Deliv- ery	Cost per acceptor (1971 US \$)	13	27	39	39
	Cost per year of pro- tection (1971 US \$)	11	18	26	32
	Cost per birth averted (1971 US \$)	35	45	68	107

The addition of community based nutrition and infection control interventions improved nutrition indicators, and reduced the duration of illnesses and mortality when compared to the routine service sites (Table 9, Summary of findings 4). However, serious limitations in study design makes the evidence of effect uncertain.

Outcome Cate- gory	Measure and unit	Integration	Vertical (health care)	Vertical (nutrition)	Control (routine services)	RR (95% CI)
Health Status : Mortality	Child mortality (1-3 year olds) Deaths /popula- tion 1-3 years old	13.3	11	11	18.6	Not available
Health Status : Morbidity	Cough: Number of days	8.5	8.2	10.4	11.4	Not available
	Diarrhoea: Number of days	5.0	4.9	5.6	6.3	Not available
	Vomiting: Num- ber of days	3.5	3.0	4.1	5.2	Not available

Table 9. Additional Table 11 : Taylor 1987: India (Cluster RCT of nutrition programme integrated with health care)

 Table 9. Additional Table 11 : Taylor 1987: India (Cluster RCT of nutrition programme integrated with health care)
 (Continued)

	Fever: Number of days	2.9	2.7	3.7	4.0	Not available
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#### Vertical versus integrated service delivery

The key findings of the vertical versus integrated services studies are included in Summary of findings for the main comparison.

#### i. Facility based

In the Tanzania study (Nyamuryekung'e 1997), different models of delivery of STI services for women at truck stops were evaluated. Peer educators were trained to refer the women with evidence of a STI to three types of service: STI services integrated into routine health facilities (normal working hours); special after hours STI services twice a week; or a special team of clinicians visiting every three months. Utilisation, in terms of attendances per number of women at each truck stop, was similar but slightly higher in special after hours STI services and lower in the integrated services within normal working hours (Summary of findings 5). The proportion of referred women who actually attended the service was similar between the special after hours service and the visiting clinicians, and was significantly lower for the integrated STI service (RR 0.54, CI 0.45 to 0.66). Data on women's satisfaction with the service from a sample survey indicated a preference for the visiting special team (RR 0.84, CI 0.72 to 0.99). Costs per patient treated were similar but were lowest for the integrated STI service (Table 10).

Table 10. Additional Table 8: Nyameryekung'e 1997: Tanzania (Cluster RCT of STI service models)

Category	Measure and unit	Integrated	Vertical (special)	Difference RR [95% CI]
Health care delivery	Cost per patient treated	11.0 US \$	11.5 US \$ and 12 US \$	Not available

#### ii. Community and facility

In Nepal (Tuladhar 1982), family planning and maternal and child health care were provided either through integrated primary health care services or through a vertical family planning, maternal and child health programme. Both approaches included facility based services and community components. Outcomes measured related to the delivery of the family planning programme (current use of contraceptives, knowledge of family planning, and intention to use family planning) and the impact on health status (infant mortality and child survival). The data on family planning showed that there was low overall use, and a secular modest increase between 1975 and 1978, but no difference between the two modes of delivery (Summary of findings 6). However, knowledge of family planning was higher in the vertical programme group although intention to use and the mean number of preferred children showed little difference. Infant mortality rates fell in both groups, with a greater reduction in the vertical sites, over the period of study. There was little change in child survivorship, in both sites (Table 11).

Table 11. Additional Table 9:Tuladhar 1982: Nepal (CBA of integrated family planning and maternal and child health programme)

Category	Measure and unit	Integrated (Pre to post measure of change)	Vertical (Pre to post measure of change)
Health care delivery	Ever used FP	3% to 6%. Change +3% (94/3207 to 220/3667)	3% to 6%. Change +3% (83/2769 to 202/3368)

Table 11.Additional Table 9:Tuladhar 1982: Nepal (CBA of integrated family planning and maternal and child health<br/>programme) (Continued)

Behavioural outcomes	Intention to use FP	17% to 11%. Change -6% (3186/18741 to 3654/33218)	16% to 14%. Change -2% (2737/17106 to 3364/24028)
Behavioural outcomes	Mean number of preferred chil-	4.0 to 3.8	3.8 to 3.5
	dren	Change -0.2	Change -0.3

The Taylor 1987 family planning study also compared the integrated package of family planning, child and women's health to three vertical style programmes of child health and family planning; women's health and family planning; and family planning education alone. Although family planning acceptance increased in all intervention sites, the levels of increase were similar at the different sites (Summary of findings 6). However, serious limitations in study design makes the evidence of effect uncertain. The effects on children's and women's health were not reported. The integrated package was reported to be more cost-effective than the single interventions in achieving family planning outcomes including uptake, years of protection, and births averted (Table 8).

In the nutrition arm of the Taylor 1987 study, a comparison was made of an integrated package of nutrition and health care for infectious diseases to a nutrition intervention alone, and health care for infectious diseases alone. Child and infant mortality rates were decreased with all three intervention packages, compared to controls, but no difference was found between the single and combined interventions (Summary of findings 6, Table 9). However, serious limitations in study design makes the evidence of effect uncertain. Comparisons of morbidity outcomes between the intervention packages were not reported.

In Zimbabwe, Gregson 2007 evaluated a complex intervention which included facility and community based activities implemented over a three year period to improve HIV control. The activities included peer education and condom distribution to targeted groups, strengthened STI services, clinic open days with HIV/AIDS information, education and communication, and income generating projects. A wide range of outcomes was reported, many of which demonstrated little or no effect of the intervention. Positive changes that were noted included improved STI treatment effectiveness in men (self reported) (prevalence odds ratio (POR) 2.49, CI 1.22 to 5.10), and improved HIV/AIDS knowledge in men (POR 1.30, CI 1.08 to 1.55). This was not accompanied by behavioural changes, however, with no evidence of an effect on multiple casual partners (POR 1.13, CI 0.88 to 1.46) and an increase in reported unprotected sex with casual partners for men (POR 1.46, CI 1.02 to 2.09) and women (POR 6.51, CI 2.14 to 19.82). There was no change in health seeking behaviour in men or women, and no effect on reported STI (POR 1.41, CI 0.94 to 2.12) in men or women (POR 1.10, CI 0.9 to 1.35) or HIV incidence in the study population (IRR 1.27, CI 0.92 to 1.75) (Summary of findings 7, Table 12).

Table 12. Additional Table 12: Gregson 2007: Zimbabwe (Cluster RCT of integrated community HIV prevention with clinic services)

Outcome Category	Measure and unit	Integration	Control	Difference POR (95% CI)
Behavioural o utcomes	HIV/AIDS knowledge index, score above media	Males 55% (589/1068) Females 49% (790/ 1615)	Males 48% (506/1064) Females 47% (719/ 1526)	1.30 (1.08-1.55) 1.10 (0.95-1.27)
	Multiple casual partners in past 3 years	Males 30% (299/1009) Females 4% (58/1438)	Males 27% (258/963) Females 4% (50/1339)	1.13 (0.88-1.46) 1.61 (0.97-2.66)
	Unprotected sex with ca- sual partners in past 3 years	Males 79% (382/486) Females 94% (128/1360	Males 73% (297/409) Females 79% (108/137)	1.46 (1.02-2.09) 6.51 (2.14-19.82)

#### User perspectives of integration

Although user's knowledge and intentions were assessed in several of the family planning integration studies, user's views on integrated service delivery were not ascertained. Providers' views, assessed in Huntington 1994, were limited to evaluating the family planning messages and whether this impacted on service uptake. In the Tanzania study of STI services for women at truck stops (Nyamuryekung'e 1997), the special STI services (after hours and outreach) were preferred by women, as reflected in attendance rates and a user satisfaction survey of a small sample (Summary of findings 5).

#### Economic evaluations of integration

Two studies included some form of costing or economic evaluation. The methods of the economic evaluations were not described in either of these studies, and very little data were presented. The reported results therefore need to be interpreted with caution. Taylor 1987 reported lower unit costs (cost per acceptor) for combined family planning service delivery, with the integration of family planning, child and women's health being the most cost effective option (USD35 per estimated birth averted) as compared to family planning education alone (USD107 per estimated birth averted) (Table 8). In the nutrition study of Taylor 1987, integrated health care and nutrition were reported to be the most cost effective in improving growth and psychomotor development .

In the STI services study in Tanzania (Nyamuryekung'e 1997), the cost per patient treated was lower for STI care integrated in the general PHC services (USD11.00 per case) than in the special after hours STI clinics (USD11.5) and special outreach STI clinics (USD12.0) (Table 8). The costing was not however linked to any of the outcome measures to assess cost-effectiveness of the different approaches. The only conclusion that can be drawn is therefore that the costs per patient treated for an STI in 1997 in Tanzania were lower for integrated STI care than for the special STI services.

#### ADDITIONAL SUMMARY OF FINDINGS [Explanation] Does adding-on of family planning services improve use and effectiveness of family planning compared to usual care? 1. Patient or population: Facilities providing primary health services Settings: primary health services in Togo, Zambia and India Intervention: Add on of services for family planning Comparison: Routine services (with no add ons) No of Participants/Units Quality of the evidence Outcomes Illustrative comparative risks **Relative effect** [95% CI] (GRADE) No add on services Add on services Family planning added to Expanded Programme of Immunisation services (Huntington 1994) Change in number of moth- 23 more per month<sup>1</sup> 16 clinics ++00107 more per month 365% increase (p⊲0.003) Low<sup>2</sup> ers accepting family planning services Promotion of dual method contraception at a Voluntary Counseling and Testing clinic (Mark 2007) Couples initiating non barrier 27/82 RR 2.39 [1.74, 3.29] 133/169 251 couples +++0contraception (33%)(79%) Moderate RR 0.89 [0.53, 1.48]<sup>3</sup> Incident pregnancies occur- 18/82 33/169 251 couples +++0ring during a one year follow (22%) Moderate (19.5%)up period Family planning, child health and women's health services in primary health care (Taylor 1987 (FP)) Change in % of women Effect is uncertain for adding on either individual or combined family planning, child health 19 villages +000accepting family planning and women's health to existing services<sup>4</sup>. Very low methods CI: Confidence interval: RR: Risk OR Odds Ratio

Strategies for integrating primar Copyright © 2011 The Cochrane primary **Collaboration. Published by** health services in lowand d middle-income y John Wiley & Sc / & Sons, countries Ltd. at the point of delivery (Review)

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GRADE Working Group grades of evidence

++++ High = We are confident that the true effect lies close to that of the estimate of the effect.

+++0 Moderate = The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

++00 Low = The true effect may be substantially different from the estimate of the effect.

+000 Very low = Any estimate of effect is very uncertain.

1. No denominator of total number of attendees was provided for this period.

2. 16 clinics "randomly" selected from a stratified sample of clinics, with probability of being included linked to caseload. Allocation

sequence generation not clear, and no concealment and blinding. No control for clustering in study design and analysis of data.

3. High discontinuation rates of non barrier contraception, and oral contraception user failure were recorded.

4. Data reported did not include change in absolute numbers of women, but only reported percentages. No statistical analysis of results

was provided. Different interventions sites started at different times, and the study was aborted one year early as a result of changes in the context.

2. Does adding on Provider Initiated Counseling and Testing at Primary Health facilities increase HIV counseling and testing of clients attending Tuberculosis or Sexually Transmitted Infection clinics?

Patient or population: Facilities providing primary health services

Settings: Tuberculosis and Sexually Transmitted Infection clinics in South Africa

Intervention: Integration of Provider Initiated Counseling and Testing

Comparison: Routine services

Outcomes	Illustrative comparative risks		Relative effect	No. of participants/units	Quality of the evidence
	No add on services	Add on services	[95% []		(GRADE)
Patients offered HIV testing in STI clinics <sup>1</sup>	3406/6027 (50.7%)	2326/3053 (76.8%)	RR 1.35 [1.31, 1.39]	9080 patients seen at 21 PHC facili- ties	+ + + 0 Moderate
Patients who received HIV testing in STI clinics $^{\rm 1}$	2821/6027 (42.7%)	1752/3053 (56.4%)	RR 1.23 [1.18, 1.28]	9080 patients seen at 21 PHC facili- ties	+ + + 0 Moderate
New adult TB patients re- ceived HIV counselling in TB clinics <sup>2</sup>	31/402 (7.7%)	73/352 (20.7%)	RR 2.69 [1.81, 3.99]	754 patients seen at 20 TB clinics	++++ High
New adult TB patients re- ceived HIV testing in TB clin- ics <sup>2</sup>	26/402 (6.5%)	71/352 (20.2%)	RR 3.12 [2.04, 4.77]	754 patients seen at 20 TB clinics	+ + + + High

CI: Confidence interval; RR: Risk Ratio; OR Odds Ratio

GRADE Working Group grades of evidence

++++ High = We are confident that the true effect lies close to that of the estimate of the effect.

+++0 Moderate = The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

++00 Low = The true effect may be substantially different from the estimate of the effect.

+000 Very low = Any estimate of effect is very uncertain.

ະ <sup>1. Leon 2010</sup>

Strategies for integrating primary health services in low- and middle-income countries at the point of delivery (Review) Copyright © 2011 The Cochrane Collaboration. Published by John Wiley & Sons, Ltd.

2. Pope 2008

3. Does adding on nutrition and child health services at facility and community level reduce mortality in children?<sup>1</sup>

Patient or population: Children under 3 years of age in rural villages

Settings: Primary health services in Narangwal, India

Intervention: Adding on nutrition and child health interventions at community and facility level i.e. family health workers delivering services in homes or village clinic Comparison: Routine services

Outcomes	No add on services	Add on services	Relative effect (95% Cl)	No. of participants or units	Quality of the evidence (GRADE)
<b>Perinatal mortality</b> (deaths per 1000 live and still- births)	104.2	Nutrition:60.9 Child Health:80.8 Nutrition and Child health:63.3	Effect is uncertain for adding on either individual or combined nu- trition and child health services to existing services	10 villages	+000 Very low
<b>Neonatal mortality</b> (deaths per 1000 live births)	77.8	Nutrition: 48.3 Child Health:46.7 Nutrition and Child health:47.4	Effect is uncertain for adding on either individual or combined nu- trition and child health services to existing services	10 villages	+000 Very low
Infant mortality <sup>2</sup> (deaths per 1000 live births)	129.2	Nutrition:96.6 Child Health:70 Nutrition and Child health:81	Effect is uncertain for adding on either individual or combined nu- trition and child health services to existing services	10 villages	+000 Very low
CI: Confidence interval; RR: Risk Ratio; OR Odds Ratio					
GRADE Working Group grades of evidence ++++ High = We are confident that the true effect lies close to that of the estimate of the effect. +++0 Moderate = The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different. ++00 Low = The true effect may be substantially different from the estimate of the effect. +000 Very low = Any estimate of effect is very uncertain					

1. Taylor 1987 (Nutrition)

2. Absolute numbers of deaths and the denominator population were not reported, neither were any results of statistical analyses to estimate risk.

1. Does integration of Sexually Transmitted Infection (STI) services improve utilisation and client satisfaction with care?<sup>1</sup>

Patient or population: Women living around truck stops

Settings: Truck stops and associated health facilities in Tanzania

Intervention: Integration of Sexually Transmitted Infection services into routine health services

Comparison: Special "vertical" delivery models of Sexually Transmitted Infection services

Outcomes	Vertical	Integrated	Relative effect (95% CI)	No. of participants or units	Quality of the evidence (GRADE)
Utilisation of STI services [Number of visits to STI ser- vices per women assessed over a one year period]	1.32 per woman (1000/758)	1.00 per woman (628/625)	Not available	7 truck stops	++00 Low
Women referred to and at- tended STI services	458/602 (76%)	62/150 (41%)	RR 0.54 [0.45, 0.66]	7 truck stops	++00 Low
Women satisfied with STI services [Number of women inter- viewed who were satisfied]	78/85 (92%)	41/53 (77%)	RR 0.84 [0.72, 0.99]	7 truck stops	++00 Low
CI: Confidence interval; RR: Risk Ratio; OR Odds Ratio					
GRADE Working Group grades of evidence ++++ High = We are confident that the true effect lies close to that of the estimate of the effect					

+++0 Moderate = The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

++00 Low = The true effect may be substantially different from the estimate of the effect.

+000 Very low = Any estimate of effect is very uncertain.

1. Nyamuryekung'e 1997

2. Does integrated family planning, maternal and child health care improve family planning use and child health outcomes compared to vertical delivery of these services?

Patient or population: Couples, women and children in villages and districts

Settings: Primary health services in Nepal and India

Intervention: Integrated delivery of family planning, maternal, child health and nutrition services.

Comparison: Routine government health services

Outcome	Vertical	Integrated	Relative effect (95% CI)	No. of participants or units	Quality of the evidence (GRADE)
Integration of family planning, maternal and child health into routine care (Tuladhar 1982)					
Change in % of women using family planning	2 to 4% Change + 2%	2 to 5% Change +3%	Change difference 1%	Four districts	+ +00 Low
Change in knowledge of fam- ily planning	29 to 55% Change + 26%	23 to 28% Change +5%	Change difference -21%	Four districts	++00 Low
Change in Infant Mortality Rate per 1000 live births <sup>1</sup>	Change - 47	Change - 25	RR 0.53	Four districts	++00 Low
Integration of nutrition, and child health care programmes with routine care (Taylor 1987 (Nutrition))					
<b>Perinatal mortality</b> <sup>1</sup> (deaths per 1000 live and still- births)	Nutrition: 60.9 Child Health: 80.8	Nutrition and Child health <sup>2</sup> : 63.3	Effect is uncertain for in- tegrated nutrition and child health services	10 villages	+000 Very low
Neonatal mortality <sup>1</sup> (deaths per 1000 live births)	Nutrition: 48.3 Child Health:46.7	Nutrition and Child health <sup>2</sup> : 47.4	Effect is uncertain for in- tegrated nutrition and child health services	10 villages	+000 Very low

nfant mortality <sup>1</sup> deaths per 1000 live births)	Nutrition:96.6 Child Health:70	Nutrition and Child health <sup>2</sup> :81	Effect is uncertain for in- 10 villages tegrated nutrition and child health services	+000 Very low
CI: Confidence interval; RR: F	Risk Ratio; OR Odds Ratio			
GRADE Working Group grade + + + + High = We are co + + + 0 Moderate = The true + + 00 Low = The true effec + 000 Very low = Any estim	es of evidence nfident that the true effect li e effect is likely to be close et may be substantially diffe nate of effect is very uncerta	ies close to that of the estimate of the to the estimate of the effect, but there erent from the estimate of the effect. ain.	effect. is a possibility that it is substantially different.	
. Absolute numbers of de risks.	eaths and the denominator p	population was not reported, neither w	ere any statistical calculations to estimate	
The combined delivery	of child health and nutrition	n was compared to each of vertical de	livery of either child health or nutrition.	

2. Does integration of niv prevention and control at co Patient or population: Communities and health centres Settings: Primary health services in Zimbabwe Intervention: Integration of community and facility serv Comparison: Routine government health services			
Outcome	Vertical		
<b>STI treatment effectiveness</b> Reported as symptoms stopped since STI treatment in past year	Males 38/68 (56%) Females 127/185 (69%)		
Health seeking behaviour Sought treatment within 3 days of STI symptoms in last year	Males 28/84 (33%) Females 49/272 (20%)		
<b>STI incidence</b> Urethral or vaginal discharge in last year	Males 42/993 (4%) Females 212/1425(15%)		
HIV Incidence/1000 person years at risk	1.49 (89/5993)		

CI: Confidence interval; IRR: incidence risk ratio; POR: prevalence odds ratio

prevention and control at community and facility level reduce risk factors for HIV and HIV incidence?<sup>1</sup>

Integrated

Males 70/90 (78%)

Males 43/112 (38%)

Males 60/1007 (6%)

2.04

(123/6015)

Females 241/1521(16%)

Females 58/272 (21%)

Females 129/188 (69%)

Relative effect [95% CI]

POR 2.49[1.22, 5.10]

POR 0.99[0.63,1.55]

POR 1.13[0.59,2.16]

POR 1.14[0.7,1.77]

POR 1.41[0.94,2.12]

POR 1.10[0.90,1.35]

IRR 1.36[1.03,1.81]

IRR 1.27[0.92,1.35] adjusted

unadjusted

No. of participants and units Quality of the evidence

11980 adults in 12 communi- ++++

ties

ties

ties

ties

(GRADE)

High

High

High

High

community and facility services for the prevention and control of HIV

GRADE Working Group grades of evidence

++++ High = We are confident that the true effect lies close to that of the estimate of the effect.

+++0 Moderate = The true effect is likely to be close to the estimate of the effect, but there is a possibility that it is substantially different.

++00 Low = The true effect may be substantially different from the estimate of the effect.

+000 Very low = Any estimate of effect is very uncertain.

1. Gregson 2007

## DISCUSSION

#### Summary of main results

After three decades of research on vertical and integrated service delivery there is some evidence of efficiency gains of integration, particularly in family planning integration (Huntington 1994; Mark 2007), HIV testing in TB and STI services (Pope 2008; Leon 2010), and STI treatment effectiveness in integrated HIV control (Gregson 2007). However, there is also evidence that in certain contexts vertical programmes perform better than fully integrated services for STI treatment, and no evidence that integration improves health outcomes. Recent studies have been more rigorous and are producing better quality evidence. However, further well designed studies of different strategies to promote integration, and the effects of integration over a wider range of service areas and settings, are needed. Very limited costing data were available in the studies included in the review, and good quality economic evaluations of integration are needed to assess cost-effectiveness and the efficiency of service integration.

#### Add on of services

The results of the studies of service add ons or linkages at a facility level indicate that these interventions probably improve utilisation of services, in particular family planning and HIV counselling and testing. None of these studies, however, provided evidence of improvements in health status outcomes as a result of the add-on services, and none assessed client satisfaction with add-on services. The goals of integration include not only improved utilisation and efficiency of delivery of care but also improved patient satisfaction and health status. The absence of evidence of effect on patient satisfaction and health status suggests that some caution is necessary in implementing these interventions as improvements in the "processes' of healthcare delivery may not translate automatically into improved patient satisfaction and better health outcomes.

The addition of community based interventions for family planning improved family planning uptake, and the addition of community based nutrition and child health interventions improved child nutrition, morbidity and mortality (Taylor 1987). However, the quality of the evidence from the Taylor studies was very low , and the true effect is uncertain. It is also important to note that these additional interventions involved lay health workers providing services in the community, with support from the routine facility based services. Any differences between control and intervention sites may therefore be due to the additional community based services as well as the integration across levels of care, as has been demonstrated elsewhere (Baqui 2008; Bhutta 2008).

## Vertical versus integrated service delivery

The study of models of STI care (Nyamuryekung'e 1997) produced results which favoured the delivery of special or vertical services for STIs in the study context. The preference for and higher utilisation rates of special after hours and outreach STI services by women at truck stops may reflect a desire for privacy and confidentiality as well as better access to STI services at times and places which are more convenient for these users. These findings may be relevant to similar target groups where privacy or confidentiality are an important concern for the service users, and may not be applicable to other types of services. However, the study does indicate that integrated services may not necessarily be the preferred option of all service users.

Of the integration studies which included facility and community components, the Tuladhar 1982 and Taylor 1987 studies of vertical versus integrated family planning services did not demonstrate any differences in health delivery or health status outcomes.

The integrated nutrition and healthcare intervention (Taylor 1987) found no effect on mortality between the single and combined interventions. The main impact on processes of healthcare delivery and health outcomes in the Taylor study therefore appeared to occur through adding on or linking a community based intervention to the routine services. Whether this was delivered as a single focus intervention (for example nutrition or health care alone) or a combined package of two or more interventions appears to have not resulted in any difference in effect on the outcomes measured.

The more recent well designed cluster RCT of a complex integrated community and clinic based HIV control intervention in Zimbabwe (Gregson 2007) found improvements in some health service outcomes, in particular improved STI treatment effectiveness in men. However, improved knowledge of HIV/AIDS in the men did not translate into positive behaviour changes, nor into reduced HIV and STI incidence in the study population. The study also found harmful effects in that both men and women reported increased unprotected sex with casual partners in the intervention sites. The authors explored several reasons for the failure of the intervention to achieve the intended effects. Key factors were the stage of the epidemic, which was on the decline in Zimbabwe; possible contamination by other HIV prevention and control interventions in the control sites; and the limitations of the relatively short follow-up period to capture long-term changes.

The three studies of facility and community based integration therefore provide conflicting results, with improved health knowledge and healthcare delivery in vertical sites in Tuladhar 1982, no evidence of effect in Taylor 1987, and mixed results in Gregson 2007. None of these three studies demonstrated an improvement in health status outcomes in the integrated service delivery sites.

# Overall completeness and applicability of the evidence

The studies covered a narrow range of service delivery areas, with four of the studies assessing family planning linkages with, or integration into, other services. Other services assessed included nutri-

tion and child health, STI treatment, TB and HIV service integration. Overall, the limited focus of studies of integration probably reflect historical policy pushes. In the 1980s, international policy makers were seeking approaches to integrate family planning programmes with child health (Lush 1999). In the late 1990s, efforts were being made to provide accessible STI services for sex workers; and the World Health Organization has since been promoting a substantive package of interventions for child health, the Integrated Management of Childhood Illnesses (WHO 1997). In the current decade the focus has been on integrating and creating linkages with sexual health, reproductive health, and HIV/AIDS services (WHO/HIV/2008), as well as the integration of TB and HIV/AIDS prevention and care.

The interventions mainly involved changes in delivery arrangements, particularly professional changes such as the training and support of existing health workers to provide additional information or services; or services provided in a different location or by an additional category of health worker. None of the studies assessed interventions which involved financing or governance arrangements to support integrated service delivery.

The actual mechanism of the integration strategy was well described in the more recent studies (Gregson 2007; Mark 2007; Pope 2008; Leon 2010) but vague in several of the earlier studies. In particular the nature of inputs such as the categories of health professionals involved, training provided, duration of the intervention, and any additional resources were poorly specified. The evaluation of integration strategies is difficult because of problems in the development, identification, documentation, and reproduction of the interventions in different settings (Campbell 2000). This is why it is important that the integration strategy (the intervention) be well defined in order to be able to compare similar interventions. Better description of interventions also enables decision-makers to assess whether the intervention is feasible with the available resources in their settings.

Six of the studies were undertaken in African countries (South Africa, Tanzania, Togo, Zambia, and Zimbabwe) and three in Asian countries (India and Nepal). The evidence from the studies may therefore be more applicable in similar settings in Africa and Asia, but less so in other settings.

The time period during which the studies were implemented and evaluated ranged from four months (Pope 2008) to four years (Taylor 1987). Most of the outcomes assessed tended to be shortterm process outcomes, such as service utilisation and, in a few instances, longer-term impacts on morbidity and mortality (Gregson 2007; Taylor 1987). Although most of the studies were recent, the Tuladhar (1982) and Taylor (1987) studies were conducted more than two decades ago and this may affect the applicability of these findings.

Studies focused almost exclusively on the provider side, without any consideration of the demand side. Only one of the studies examined user views, and this assessment included only a simple 'yes' or 'no' question about satisfaction with the service, in a small sample survey. No study examined user views around the coherence of the service they were using. One of the often cited reasons for integration is that it improves the service for the communities using it. Indeed, this was our starting point for this review of integration interventions - to assess whether they reduced the service fragmentation experienced by users. The views of potential users are likely to influence strongly whether they use the service or not, and future studies should assess this. This review did not search for or include qualitative studies of user views and these may be an important additional source of data on this issue.

From the provider side, managers expressed concern about overloading staff with multiple tasks, and with the inherent risk of none of the services being delivered particularly well. Studies examining this would help to inform management decisions on integration strategies for particular localities.

#### Quality of the evidence

A total of nine studies were included in this updated review, adding three RCTs (Mark 2007, Pope 2008, Gregson 2007) and a NRCT (Leon 2010) to the previous evidence. The addition of these recent studies have improved the overall quality of the evidence largely as a result of the improved study designs. The quality of the evidence from these studies were mostly graded as being of moderate or high quality.

By comparison the Tuladhar and the Taylor studies, undertaken three decades ago, were less rigorous. The evidence from these and other previously included studies were graded as low and very low quality using the GRADE approach. The failure to measure any effect in some of these studies may be due partly to numerous biases which were not addressed in the studies.

## Potential biases in the review process

The updated review repeated and extended the earlier search strategy over an extensive range of databases and other sources. The types of studies included in the review were not limited to RCTs, but also included NRCTs, CBAs and ITS studies. There is therefore a high likelihood that all relevant rigorous studies were identified.

The more recently published studies described the study design in detail and reported fully on the data. In earlier studies the description of the study design, the interventions and the reporting of data was incomplete. Study authors were contacted to obtain further information where possible, but to some extent the inclusion, categorisation and assessment of risk of bias for earlier studies may have been biased by poor reporting.

# Agreements and disagreements with other studies or reviews

Although integrated health care continues to be advocated for LMICs, there remains a lack of clear evidence of the benefits of in-

tegration (Wallace 2009, Atun 2010). This updated review identified additional evidence of the effects of integration in terms of the processes of delivery of PHC. However, the review failed to provide evidence that integrated health care impacts positively on health outcomes. A wide variety of strategies can be used to achieve integration (or linkages), and there are a range of settings within which integration could be applied. Reproductive health, HIV and TB are popular areas for studies on integration and linkages but, as this review has illustrated, the evidence is still inconclusive. This is contrary to the recent WHO/UNFPA/IPPF/UNAIDS/ UCSF Policy Brief that claims, based on evidence from an unpublished systematic review, that there are clear benefits to integration (WHO/HIV/2008). A publication based on the same systematic review advocates for linkages whilst concluding that significant gaps in the literature remain (Kennedy 2010).

A shift has now occurred in the debate on integration to identifying the contexts within which either vertical or integrated programmes may be appropriate, and exploring how best to co-ordinate such programmes with general healthcare services to achieve efficient health service delivery, continuity of care, and optimal health outcomes (Unger 2003; WHO 2005; Lawn 2008; Atun 2010). This shift does begin to address the contextual nature of strategies, which may work for certain diseases in certain populations, and to address the differences between "add on" and full integration approaches. However, with the absence of evidence of an effect of full integration of health care, caution needs to be exercised in advocating any one approach above another.

What is emerging is that integration is a very complex and variably understood concept, with terms such as linkages being used interchangeably with integration, resulting in some confusion. Whatever it is called, integration and linkages are difficult to evaluate in the real world settings of health systems in low- and middleincome countries. To date, there is limited evidence of its effectiveness in improving health outcomes, and some evidence to suggest that it may improve efficiency but may not be appropriate in all circumstances.

## AUTHORS' CONCLUSIONS

#### Implications for practice

Studies of 'add-on' services involving discrete interventions at a facility level have been the most successful in demonstrating any benefits in service delivery, but have failed to assess longer-term health benefits. Studies of more complex integration interventions covering facility and community levels have been least successful in demonstrating any benefits of integration, to service delivery or health outcomes.

Increasingly, health decision makers are becoming aware of the importance of using evidence in policy making, and there is therefore a need for reliable research evidence to assist decision makers (Haines 2004; Lavis 2005).

However, in the absence of clear evidence that integration improves health outcomes, the way to deliver primary healthcare should remain a choice made by governments and non-government organisations based on logical, common-sense decisions within local contexts and taking into account budgetary and resource constraints. More importantly, decision makers should be aware that integration may not improve service delivery or health outcomes, and they should establish mechanisms to monitor and evaluate this if they decide to proceed with integration within a particular setting.

#### Implications for research

Integration remains on the international policy agenda for primary health care in LMIC. One of the main justifications for integrated care at the point of delivery is to make the service easier to use and more accessible to the communities served. Yet few impact evaluations assess lay views of the service provided. This is a clear gap that should be addressed in future evaluations, using both quantitative and qualitative methods. Such studies should also seek to assess the equity implications of integration of care.

Integration should make the service more economically efficient. However, due to the inadequacies of economic evaluations and reporting in the studies, it is difficult to draw any conclusions on the economic aspects of integration. A more in-depth analysis of the costs is required to draw any conclusions on the economic efficiency or cost-effectiveness of integration.

Overall, international policy developments regarding integration provide an opportunity for further research to explore approaches in a variety of contexts. Policy makers and planners considering integration could introduce strategies and, where appropriate, use rigorous study designs to allow unbiased comparisons.

Ideally, they could:

• use cluster randomised study design, or rigorous nonrandomised study designs;

 conduct studies over a period of several years in order to properly evaluate outcomes and ensure the sustainability of any impacts;

• describe carefully the intervention, in terms of how integration was implemented and the inputs needed;

• identify a few sensible primary outcomes related to service quality or patient outcomes relevant to the service, such as mortality or vaccination coverage;

• assess efficiency and cost-effectiveness by including good quality economic evaluations;

• assess user or lay views of the integrated services.

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\* Indicates the major publication for the study

## CHARACTERISTICS OF STUDIES

## Characteristics of included studies [ordered by study ID]

## Gregson 2007

Methods	Cluster randomised trial.
Participants	Six pairs of matched communities (each included at least one government or mission health centre). Adults (11,980) living in these communities.
Interventions	Aim: to assess the effectiveness of integrated community HIV prevention and clinic services on reducing HIV incidence. Group 1. Peer education and condom distribution to targeted groups supported by income generating projects; strengthened sexually transmitted disease services; and clinic open days with HIV/AIDS information, education and communication (IEC). Implemented by an experienced non-government organisation. Group 2. Routine government STI services, condom distribution, home based care, IEC.
Outcomes	Main: HIV-1 incidence in the population; Secondary: STI incidence; STi Rx effectiveness; sexual and health seeking behaviour change; HIV/AIDS knowledge.
Notes	Study undertaken between 1998 and 2003 in Zimbabwe.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Low risk	Coin toss by Ministry of Health official
Allocation concealment (selection bias)	Low risk	Unit of allocation was the community, and by random pro- cess
Blinding (performance bias and detection bias) All outcomes	High risk	Local research staff were blinded to patients initial HIV sta- tus, but not blinded to interventions
Incomplete outcome data (attrition bias) All outcomes	Low risk	Loss to follow up in intervention and control groups was reported and noted to have affected the groups similarly.
Selective reporting (reporting bias)	Low risk	All outcomes reported, including positive and negative re- sults

## Huntington 1994

Methods	Cluster randomised trial in 16 selected clinics divided into two groups.
Participants	16 Clinics providing childhood immunisation (EPI) services.
Interventions	Aim: to integrate family planning with the extended programme of immunisation. Groups: 1. EPI service provider encourages mothers individually at immunisation clinic to attend the family planning services that day at the same clinic, using a standard message comprising of three statements. Group 2. Usual group information-education-communication package.
Outcomes	1. Attenders' family planning knowledge and practice, from pre and post surveys. 2. Providers' view, from self-administered questionnaire. 3. New acceptors, from family planning service records. Intermediate outcome: Number of family planning clients
Notes	Study undertaken between January and September 1992 in Togo

## Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	The process of randomisation was not de- scribed
Allocation concealment (selection bias)	Unclear risk	Clinics selected from a list of all MCH-FP clinics were randomly allocated to test and control sites
Blinding (performance bias and detection bias) All outcomes	High risk	No mention was made of blinding during the implementation or assessment of the intervention
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Routine service data and exit interviews of patients used. No mention of missing data or different response rates in intervention and control sites.
Selective reporting (reporting bias)	Unclear risk	All data were not fully reported on

## Leon 2010

Methods	Controlled before and after study.
Participants	21 Primary healthcare facilities providing STI services.
Interventions	Aim: To assess the effectiveness of integrating provider initiated counselling and testing (PICT) in routine services compared to existing 'special' delivery of voluntary counselling and testing (VCT) by lay counsellors. Group 1. STI nurse trained in PICT offered HIV testing as a standard part of STI care

## Leon 2010 (Continued)

	for all STI clients; Group 2: Lay counsellors provide VCT separately on same site, either on initiation by patient or medical referral.
Outcomes	1. HIV testing rate amongst new STI clients; 2. Proportion of STI clients offered HIV testing; 3. Proportion of STI clients declining HIV testing, once offered.
Notes	Study conducted between 2006 and 2007 in Cape Town, South Africa.

## Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	High risk	Intervention clinics were selected by health man- agement
Allocation concealment (selection bias)	High risk	As above
Blinding (performance bias and detection bias) All outcomes	High risk	Blinding was not feasible during implementation or assessment as health service providers facilitated the intervention and assisted with the evaluation
Incomplete outcome data (attrition bias) All outcomes	Low risk	Missing data was followed up.
Selective reporting (reporting bias)	Low risk	All outcomes described in the methods were reported on.

## Mark 2007

Methods	Randomised controlled trial of couples by attendance day.		
Participants	251 co-habiting couples attending a voluntary HIV counselling and testing clinic.		
Interventions	<ul><li>Aim: To promote dual-method contraception use among HIV concordant and HIV discordant couples already using condoms for HIV prevention.</li><li>1. Family planning education and offer of non-barrier contraceptives;</li><li>2. Intervention 1 plus a presentation;</li><li>3.Control: Family planning education and referral to an outside clinic.</li></ul>		
Outcomes	Use of non-barrier contraceptives; reported condom use; pregnancy incidence.		
Notes	Study undertaken between September 1996 and August 1997 in Zambia.		
Risk of bias			
Bias	Authors' judgement	Support for judgement	

## Mark 2007 (Continued)

Random sequence generation (selection bias)	Low risk	Attendance days were randomised using a random number table
Allocation concealment (selection bias)	Low risk	Assignment was concealed from staff in- volved in data collection until informed consent was signed by couples
Blinding (performance bias and detection bias) All outcomes	Unclear risk	This was not specified in the paper
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Couples with incomplete data were re- moved from analysis, but no information was provided to indicate that this affected intervention and control groups similarly.
Selective reporting (reporting bias)	Low risk	All outcomes described in the methods were reported on. Data indicating an ab- sence of effect were reported.

## Nyamuryekung'e 1997

Methods	Cluster randomised trial.	
Participants	Seven truck stops with peer health educations and associated health facilities.	
Interventions	Aim: to evaluate different approaches of delivering STI services to increase utilisation by women at truck stops. Peer health educators trained in STI and risk assessment, referred women to either: Group 1. Special STI services outside normal working hours (one at fixed location, one at site chosen by women); Group 2. STI services through normal clinics, in normal working hours (integrated). Group 3. Special team of clinicians visits every 3 months. Drugs were supplied to all three groups.	
Outcomes	1. Utilisation, from attendances/population. 2. Referrals who attended clinic. 3. User satisfaction. 4. Cost per patient treated.	
Notes	Study undertaken in Tanzania between July 1993 and May 1994.	
Risk of bias		
Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Stated that truck stops were randomly assigned, but method of sequence generation was not described
Allocation concealment (selection bias)	Unclear risk	Not specified

## Nyamuryekung'e 1997 (Continued)

Blinding (performance bias and detection bias) All outcomes	High risk	Outcomes were not assessed blindly
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not specified in the paper
Selective reporting (reporting bias)	Low risk	Reported on all outcomes assessed

Pope 2008

Methods	Cluster randomised trial in TB clinics.
Participants	20 TB clinics (10 intervention, 10 control); 754 new adult TB patients attending the clinics.
Interventions	Aim: to evaluate the effectiveness of integrated HIV counselling, testing and care in TB services. Group 1. Training of health care workers in provider initiated HIV counseling and testing and integration of TB and HIV/AIDS care; Group 2. Routine HIV testing (opt out) for TB patients.
Outcomes	<i>Main</i> : % of new adult TB patients who received HIV counseling and testing; <i>Secondary</i> : mean % of patients tested HIV positive; mean % of HIV positive patients prescribed cotrimoxazole, and/or referred for HIV care.
Notes	Study undertaken in South Africa between August and November 2005.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	Unclear risk	Stated that clinics were randomised, but method of randomisation not clearly described
Allocation concealment (selection bias)	Unclear risk	As per above
Blinding (performance bias and detection bias) All outcomes	High risk	No blinding was described in the study.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not specified in the paper
Selective reporting (reporting bias)	Low risk	No evidence of selective outcome reporting

Taylor 1	<b>98</b> 7	(FP)
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Methods	Controlled before and after study.
Participants	19 villages in 5 clusters of 3-4 villages; Couples living in the villages.
Interventions	Aim: To evaluate the inter-relationship between health services and family planning. Interventions were provided mainly by family health workers (FHWs) who lived in villages, supported by local health services. Group 1. Family planning (FP) and child health; Group 2. FP and women's health; Group 3. FP, women's Health and child Health; Group 4. FP education only; Control. Routine government health services.
Outcomes	Family planning acceptance; Costs.
Notes	Study undertaken in India over four years between 1970 and 1974. Two groups (FPWS and FPWSCC) had implementation over 3 years, one group (FPCC) for three years, and one group (FPE) for two years.

## Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	High risk	Controlled before and after study
Allocation concealment (selection bias)	High risk	Controlled before and after study
Blinding (performance bias and detection bias) All outcomes	High risk	No blinding was described in the study methods.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not specified in the paper
Selective reporting (reporting bias)	High risk	Full results provided only for selected outcomes

## Taylor 1987 (Nutrition)

Methods	Controlled before and after study.
Participants	10 villages in four clusters of 2-3 villages; Children aged between 0-36 months living in the villages.

## Taylor 1987 (Nutrition) (Continued)

Interventions	Aim: To test the interactions of nutrition and infection control programmes in children Family health workers delivered interventions in homes or village clinic. Group 1. Nutrition alone; Group 2. Health care alone; Group 3. Nutrition and health care; Control: routine government health services.
Outcomes	Mortality; Nutrition status; Psychomotor development; Morbidity: disease episodes; Costs.
Notes	Study undertaken in India over four years between 1969 and 1973. Reported with study of integration of family planning and health care.

## Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	High risk	Controlled before and after study
Allocation concealment (selection bias)	High risk	Controlled before and after study
Blinding (performance bias and detection bias) All outcomes	High risk	No blinding was described in the study methods.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not specified in the paper
Selective reporting (reporting bias)	High risk	Full results only provided for selected outcomes

## Tuladhar 1982

Methods	Controlled before and after study in four selected districts, 2 with vertical programme and 2 with integrated programme.
Participants	Four matched districts; Households with married women aged 15-44 years in selected wards of districts.
Interventions	Aim: to evaluate the impact of integrated family planning and maternal and child health services on family planning use, fertility and infant mortality. Groups: 1. Integrated family planning/maternal and child health programme: 48 district offices, 298 health posts, which included family planning, nutrition monitoring, health education, immunisation, TB and leprosy case finding and treatment, referral, treatment of common illnesses, and training of traditional birth attendants. Some included ante-

## Tuladhar 1982 (Continued)

	natal, delivery and postnatal care, and malaria surveillance. Group 2. Vertical family planning/maternal and child health programme: dedicated staff at 40 district offices and 492 service centres, providing family planning, antenatal care and immunization vaccination for children under five years.
Outcomes	1. Family planning knowledge, use and intention to use. 2. Family size preferences. 3. Infant mortality.
Notes	Study undertaken in Nepal between 1975 and 1978.

Risk of bias

Bias	Authors' judgement	Support for judgement
Random sequence generation (selection bias)	High risk	Controlled before and after study
Allocation concealment (selection bias)	High risk	Controlled before and after study
Blinding (performance bias and detection bias) All outcomes	High risk	No blinding was described in the study methods.
Incomplete outcome data (attrition bias) All outcomes	Unclear risk	Not specified in the paper
Selective reporting (reporting bias)	Low risk	No apparent selective reporting, with data reported on all outcomes

## Characteristics of excluded studies [ordered by study ID]

Study	Reason for exclusion
Ageel 1997	Study design was interrupted time series, but had no control group and insufficient points of measurement
Alisjahbana 1995	No baseline measurement to measure change and not really integration of existing entities, but the creation of a new system
Alvarado 1999	Not a before and after study, even though it had a control group
Arifeen 2004	Strategy consists of package of IMCI interventions
Ayles 2008	Intervention is add on of community level enhanced case finding, and household involvement in TB and HIV. Integration of TB and HIV at facility level established and not part of experimental component

Baqui 2008	Study design does not meet inclusion criteria
Barua 1999	A survey, not an interrupted time series or a before and after study
Chaturvedi 1987	A survey study design, no before baseline measurement, but with control
Chaturvedi 1989	A summary of cross-sectional studies
Chen 1999	No control group
De Graff 1986	Issues about integration unclear, it seems the main intervention is an increase in health workers. Study design is a 2 site concurrent study and not included. Similar paper to the other Matlab papers (Phillips 1984; Simmons 1991)
DeSchampheleire 1981	Excluded as an ITS with insufficient measurement points, and has no control group, only used national statistics as comparison group
Dissevelt 1980	No control group
Emond 2002	No control group
Fairall 2005	Defined as a package of care for lung diseases. Similarly for IMCI, this may be delivered vertically or integrated. The study therefore does not evaluate the strategy of delivery, but rather the package of care
Ghandi 2009	Observational study design which did not meet inclusion criteria
Grosskurth 2000	Observational study
Guillemot 1980	This was not integration but an intervention of adding specially trained staff
Gupta 1984	A cross sectional study, not CBA
Harrison 1993	Excluded because of its study design; it is a survey
Hieu 1994	Excluded as no pre-intervention results; results presented for the post-intervention and a control group only
Htay 2003	Cross sectional study
Ionescu 1986	Not a controlled study
Khan 2002	No control group
Kisinza 2008	Observational study design which does not meet inclusion criteria
Mancini 2003	Modelling study

Marsh 2002	Trial evaluating the implementation of a nutrition programme
Mathews 1994	An evaluation of a community health worker project, not of integration
McDougall 1978	This is not a controlled study and it is unclear what integration is in this paper
Mukhopadhyay 1990	This study design is sort of before and after, but the time period is unclear
Phillips 1984	Issues about integration unclear, it seems the main intervention is an increase in health workers. Study design is a 2 site concurrent study and not included. Similar paper to the other Matlab papers (De Graff 1986; Simmons 1991)
Ramaseeta 1977	A before and after study, but with no control. Integration strategy also not clear
Revankar 1982	A before and after study but no control group
Schellenberg 2004	Strategy consists of package of IMCI interventions
Semba 2001	Evaluates adding vitamin A to EPI package
Simmons 1991	Issues about integration unclear, it seems the main intervention is an increase in health workers. Study design is a 2 site concurrent study and not included. Similar paper to the other Matlab papers (Phillips 1984; De Graff 1986)
Sylla 1995	This is a survey and so does not meet inclusion study design criteria
Tandon 1981	This study contained no comparison group or control
Tandon 1988	This study is a survey with a control group, and not a before and after study
Tandon 1992	This study was excluded as it is a survey with a control group, and not a before and after study. Also the integration strategy is unclear
Thongkrajai 1994	Excluded as no pre-intervention results; results presented for the post-intervention and a control group only
Van Rie 2008	Observational study design which did not meet inclusion criteria
Walley 1991	This study was a before and after study but lacked a control group
Xiamong 2000	This is not an integrative strategy, but a strategy which involved giving education on AIDS

## Characteristics of ongoing studies [ordered by study ID]

## Patel 2008

Trial name or title	Improving the outcomes of primary care attenders with common mental disorders in developing countries: a cluster RCT of a collaborative stepped care intervention in Goa, India
Methods	Cluster randomised controlled trial
Participants	Primary care facilities and primary care attenders who are detected to suffer from common mental disorders
Interventions	Collaborative stepped care intervention
Outcomes	Proportion of participants who recover from an ICD10 defined CMD; economic and disability outcomes
Starting date	April 2007
Contact information	vikram.patel@lshtm.ac.uk
Notes	Last enquiry to author in November 2010. Study is due for publication in 2011

## DATA AND ANALYSES

## Comparison 1. Add on of family planning at voluntary counselling and testing (VCT) clinics

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Couples Initiating non barrier	1	251	Risk Ratio (M-H, Fixed, 95% CI)	2.39 [1.74, 3.29]
2 Incident pregnancies	1	251	Risk Ratio (M-H, Fixed, 95% CI)	0.89 [0.53, 1.48]

## Comparison 2. Add on of HIV counselling and testing to STI services

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 Offered HIV Testing as a proportion of all STI patients	1	9080	Risk Ratio (M-H, Fixed, 95% CI)	1.35 [1.31, 1.39]
2 HIV Tested as a proportion of all STI patients	1	9080	Risk Ratio (M-H, Fixed, 95% CI)	1.23 [1.18, 1.28]
3 Declined HIV testing as a proportion of all new STI clients	1	9080	Risk Ratio (M-H, Fixed, 95% CI)	1.94 [1.74, 2.15]
4 Declined HIV testing as a proportion of those offered testing	1	5732	Risk Ratio (M-H, Fixed, 95% CI)	1.44 [1.30, 1.59]

## Comparison 3. Add on of HIV counselling and testing at tuberculosis (TB) clinics

Outcome or subgroup title	No. of studies	No. of participants	Statistical method	Effect size
1 New adult TB patients who received counseling	1	754	Risk Ratio (M-H, Fixed, 95% CI)	2.69 [1.81, 3.99]
2 New adult TB patients who received HIV testing	1	754	Risk Ratio (M-H, Fixed, 95% CI)	3.12 [2.04, 4.77]
3 New adult TB patients tested HIV+	1	754	Risk Ratio (M-H, Fixed, 95% CI)	3.43 [1.70, 6.91]

## Analysis I.I. Comparison I Add on of family planning at voluntary counselling and testing (VCT) clinics, Outcome I Couples Initiating non barrier contraception.

Review: Strategies for integrating primary health services in low- and middle-income countries at the point of delivery

Comparison: I Add on of family planning at voluntary counselling and testing (VCT) clinics

Outcome: I Couples Initiating non barrier contraception

-

Study or subgroup	Offered contraception	Referred to FP service		F	Risk Ratio		Weight	Risk Ratio
	n/N	n/N		M-H,Fi>	ked,95% Cl			M-H,Fixed,95% Cl
Mark 2007	133/169	27/82			+		100.0 %	2.39 [ 1.74, 3.29 ]
Total (95% CI)	169	82			•		100.0 %	2.39 [ 1.74, 3.29 ]
Total events: 133 (Offer	red contraception), 27 (Refen	red to FP service)						
Heterogeneity: not app	licable							
Test for overall effect: Z	Z = 5.36 (P < 0.00001)							
				1				
			0.01	0.1	1 10	100		
		Fav	ours expe	rimental	Favours co	ontrol		

## Analysis I.2. Comparison I Add on of family planning at voluntary counselling and testing (VCT) clinics, Outcome 2 Incident pregnancies.

Review: Strategies for integrating primary health services in low- and middle-income countries at the point of delivery

Comparison: I Add on of family planning at voluntary counselling and testing (VCT) clinics

Outcome: 2 Incident pregnancies

	0 7 1 50					
Study or subgroup	Offered FP	Referred to FP service		Risk Ratio	Weight	Risk Ratio
	n/N	n/N	M-H,F	ixed,95% Cl		M-H,Fixed,95% Cl
Mark 2007	33/169	18/82			100.0 %	0.89 [ 0.53, 1.48 ]
Total (95% CI)	169	82		•	100.0 %	0.89 [ 0.53, 1.48 ]
Total events: 33 (Offere	d FP), 18 (Referred to	o FP service)				
Heterogeneity: not appl	icable					
Test for overall effect: Z	= 0.45 (P = 0.65)					
			0.01 0.1	I IO IOO		
			Favours experimental	Favours control		

## Analysis 2.1. Comparison 2 Add on of HIV counselling and testing to STI services, Outcome 1 Offered HIV Testing as a proportion of all STI patients.

Review: Strategies for integrating primary health services in low- and middle-income countries at the point of delivery

Comparison: 2 Add on of HIV counselling and testing to STI services

Outcome: I Offered HIV Testing as a proportion of all STI patients

Study or subgroup	Integrated PICT	VCT		F	Risk Ratio		Weight	Risk Ratio
	n/N	n/N		M-H,Fi>	ked,95% Cl			M-H,Fixed,95% Cl
Leon 2010	2326/3053	3406/6027			1		100.0 %	1.35 [ 1.31, 1.39 ]
Total (95% CI)	3053	6027			1		100.0 %	1.35 [ 1.31, 1.39 ]
Total events: 2326 (Integr	rated PICT), 3406 (VCT)							
Heterogeneity: not applic	able							
Test for overall effect: Z =	= 19.70 (P < 0.00001)							
			0.01	0.1	1 10	100		
			Favour	s control	Favours e	experimental		

## Analysis 2.2. Comparison 2 Add on of HIV counselling and testing to STI services, Outcome 2 HIV Tested as a proportion of all STI patients.

Review: Strategies for integrating primary health services in low- and middle-income countries at the point of delivery

Comparison: 2 Add on of HIV counselling and testing to STI services

Outcome: 2 HIV Tested as a proportion of all STI patients

Study or subgroup	Integrated PICT n/N	VCT n/N	Risk Ri M-H,Fixed,95	atio Weight % Cl	Risk Ratio M-H,Fixed,95% Cl
Leon 2010	1752/3053	2821/6027	•	100.0 %	1.23 [ 1.18, 1.28 ]
<b>Total (95% CI)</b> Total events: 1752 (Integr Heterogeneity: not applic Test for overall effect: Z =	<b>3053</b> rated PICT), 2821 (VCT) rable = 9.81 (P < 0.00001)	6027	,	100.0 %	1.23 [ 1.18, 1.28 ]
			0.01 0.1 Favours control Fa	10 100 wours experimental	

# Analysis 2.3. Comparison 2 Add on of HIV counselling and testing to STI services, Outcome 3 Declined HIV testing as a proportion of all new STI clients.

Review: Strategies for integrating primary health services in low- and middle-income countries at the point of delivery

Comparison: 2 Add on of HIV counselling and testing to STI services

Outcome: 3 Declined HIV testing as a proportion of all new STI clients

Study or subgroup	Integrated PICT	VCT		F	Risk Ratio		Weight	Risk Ratio
	n/N	n/N		M-H,Fi>	ed,95% Cl			M-H,Fixed,95% Cl
Leon 2010	574/3053	585/6027			+		100.0 %	1.94 [ 1.74, 2.15 ]
Total (95% CI)	3053	6027			•		100.0 %	1.94 [ 1.74, 2.15 ]
Total events: 574 (Integra	ted PICT), 585 (VCT)							
Heterogeneity: not applic	able							
Test for overall effect: Z =	= 12.16 (P < 0.00001)							
				1		I		
			0.01	0.1	1 10	100		
			Favour	s control	Favours	experimental		

# Analysis 2.4. Comparison 2 Add on of HIV counselling and testing to STI services, Outcome 4 Declined HIV testing as a proportion of those offered testing.

Review: Strategies for integrating primary health services in low- and middle-income countries at the point of delivery

Comparison: 2 Add on of HIV counselling and testing to STI services

Outcome: 4 Declined HIV testing as a proportion of those offered testing

Study or subgroup	Integrated PICT n/N	VCT n/N	F M-H,Fi>	Risk Ratio (ed,95% Cl	Weight	Risk Ratio M-H,Fixed,95% Cl
Leon 2010	574/2326	585/3406		+	100.0 %	1.44 [ 1.30, 1.59 ]
Total (95% CI)	2326	3406		•	100.0 %	1.44 [ 1.30, 1.59 ]
Total events: 574 (Integra	ated PICT), 585 (VCT)					
Heterogeneity: not applic	able					
Test for overall effect: Z =	= 6.94 (P < 0.00001)					
			<b>I</b> I			
			0.01 0.1	1 10 100		
			Favours control	Favours experiment	al	

## Analysis 3.1. Comparison 3 Add on of HIV counselling and testing at tuberculosis (TB) clinics, Outcome I New adult TB patients who received counseling.

Review: Strategies for integrating primary health services in low- and middle-income countries at the point of delivery

Comparison: 3 Add on of HIV counselling and testing at tuberculosis (TB) clinics

Outcome: I New adult TB patients who received counseling

-

Study or subgroup	Integrated CT n/N	Usual VCT n/N		F M-H,Fix	Risk Ratio ked,95% Cl		Weight	Risk Ratio M-H,Fixed,95% Cl
Pope 2008	73/352	31/402					100.0 %	2.69 [ 1.81, 3.99 ]
Total (95% CI)	352	402			•		100.0 %	2.69 [ 1.81, 3.99 ]
Total events: 73 (Integrate	ed CT), 31 (Usual VCT)							
Heterogeneity: not application	able							
Test for overall effect: Z =	4.91 (P < 0.00001)							
			0.01	0.1	I IO	100		
			Favours	control	Favours e	experiment		

## Analysis 3.2. Comparison 3 Add on of HIV counselling and testing at tuberculosis (TB) clinics, Outcome 2 New adult TB patients who received HIV testing.

Review: Strategies for integrating primary health services in low- and middle-income countries at the point of delivery

Comparison: 3 Add on of HIV counselling and testing at tuberculosis (TB) clinics

Outcome: 2 New adult TB patients who received HIV testing

Study or subgroup	Integrated CT n/N	Usual VCT n/N		F M-H,Fix	Risk Ratio æd,95% Cl		Weight	Risk Ratio M-H,Fixed,95% Cl
Pope 2008	71/352	26/402					100.0 %	3.12 [ 2.04, 4.77 ]
Total (95% CI)	352	402			•		100.0 %	3.12 [ 2.04, 4.77 ]
Total events: 71 (Integrate	d CT), 26 (Usual VCT)							
Heterogeneity: not applicable								
Test for overall effect: $Z =$	5.23 (P < 0.00001)							
			0.01	0.1	I IO	100		
			Favours	s control	Favours e	experimental		

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## Analysis 3.3. Comparison 3 Add on of HIV counselling and testing at tuberculosis (TB) clinics, Outcome 3 New adult TB patients tested HIV+.

Review: Strategies for integrating primary health services in low- and middle-income countries at the point of delivery

Comparison: 3 Add on of HIV counselling and testing at tuberculosis (TB) clinics

Outcome: 3 New adult TB patients tested HIV+

Study or subgroup	Integrated CT n/N	Usual VCT n/N		M-H,Fi	Risk Ratio xed,95% Cl		Weight	Risk Ratio M-H,Fixed,95% Cl
Pope 2008	30/352	10/402					100.0 %	3.43 [ 1.70, 6.91 ]
Total (95% CI)	352	402			•		100.0 %	3.43 [ 1.70, 6.91 ]
Total events: 30 (Integrate								
Heterogeneity: not applicable								
Test for overall effect: Z =	= 3.44 (P = 0.00058)							
			0.01	0.1	1 10	100		

Favours control Favours experimental

## **APPENDICES**

#### Appendix I. Appendix I: search strategy

#### **CENTRAL + DARE**

- #1 MeSH descriptor Delivery of Health Care, Integrated, this term only
- #2 MeSH descriptor Comprehensive Health Care, this term only
- #3 MeSH descriptor Continuity of Patient Care, this term only
- #4 MeSH descriptor Patient-Centered Care, this term only
- #5 (comprehensive NEXT health NEXT care):ti or (comprehensive NEXT health NEXT care):ab
- #6 (continuity NEAR/2 care):ti or (continuity NEAR/2 care):ab
- (patient NEXT centered NEXT care):ti or (patient NEXT centered NEXT care):ab #7

#8 (integrat\* NEAR/3 (care or service\* or delivery or strateg\* or program\* or management)):ti or (integrat\* NEAR/3 (care or service\* or delivery or strateg\* or program\* or management)):ab

- #9 (#1 OR #2 OR #3 OR #4 OR #5 OR #6 OR #7 OR #8)
- #10 MeSH descriptor Delivery of Health Care, this term only
- #11 MeSH descriptor Primary Health Care, this term only
- #12 MeSH descriptor Ambulatory Care, this term only
- #13 MeSH descriptor Health Care Reform, this term only
- #14 MeSH descriptor Health Services, this term only
- #15 MeSH descriptor Community Health Services, this term only
- #16 MeSH descriptor Community Health Nursing, this term only
- #17 MeSH descriptor Child Health Services, this term only
- #18 MeSH descriptor Women's Health Services, this term only
- #19 MeSH descriptor Family Planning Services, this term only
- #20 MeSH descriptor Reproductive Health Services, this term only
- MeSH descriptor Maternal Health Services, this term only #21

## Strategies for integrating primary health services in low- and middle-income countries at the point of delivery (Review)

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#22 MeSH descriptor Postnatal Care, this term only

- #23 MeSH descriptor Preconception Care, this term only
- #24 MeSH descriptor Prenatal Care, this term only
- #25 MeSH descriptor Preventive Health Services, this term only
- #26 MeSH descriptor Diagnostic Services, this term only
- #27 MeSH descriptor Adolescent Health Services, this term only
- #28 MeSH descriptor Mental Health Services, this term only
- #29 MeSH descriptor Community Mental Health Services, this term only
- #30 MeSH descriptor Health Services for the Aged, this term only
- #31 MeSH descriptor Health Services, Indigenous, this term only
- #32 MeSH descriptor Ambulatory Care Facilities, this term only
- #33 MeSH descriptor Mobile Health Units, this term only
- #34 MeSH descriptor Rural Health Services, this term only
- #35 MeSH descriptor Suburban Health Services, this term only
- #36 MeSH descriptor Community Health Centers, this term only
- #37 MeSH descriptor Substance Abuse Treatment Centers, this term only
- #38 MeSH descriptor Community Mental Health Centers, this term only
- #39 MeSH descriptor Child Guidance Clinics, this term only
- #40 MeSH descriptor Maternal-Child Health Centers, this term only
- #41 MeSH descriptor Outpatient Clinics, Hospital, this term only
- #42 MeSH descriptor Outpatients, this term only
- #43 MeSH descriptor Health Promotion, this term only
- #44 MeSH descriptor Health Education, this term only
- #45 MeSH descriptor Sex Education, this term only
- #46 MeSH descriptor Patient Education as Topic, this term only
- #47 MeSH descriptor Primary Prevention, this term only
- #48 MeSH descriptor Immunization Programs, this term only
- #49 MeSH descriptor Mass Immunization, this term only
- #50 MeSH descriptor Immunization, this term only
- #51 MeSH descriptor Vaccination, this term only
- #52 (disease NEXT control NEXT program\*):ti or (disease NEXT control NEXT program\*):ab
- #53 (primary NEAR/3 (care or service\* or clinic\*)):ti,ab,kw
- #54 (outpatient\* NEAR/3 (care or service\* or clinic\*)):ti or (outpatient\* NEAR/3 (care or service\* or clinic\*)):ab

#55 (delivery or ambulatory or postnatal or preconception or prenatal or community) NEAR/3 care:ti or (delivery or ambulatory or postnatal or preconception or prenatal or community) NEAR/3 care:ab

#56 (community or child or children or women\* or family or reproductive or maternal or preventive or adolescent or mental or aged or indigenous or rural or suburban) NEAR/3 (health NEXT service\*):ti or (community or child or children or women\* or family or reproductive or maternal or preventive or adolescent or mental or aged or indigenous or rural or suburban) NEAR/3 (health NEXT service\*):ti or suburban) NEAR/3 (health NEXT servic

#57 (community or abuse or child or children or maternal) NEAR/3 (treatment NEXT center\* or health NEXT center\* or clinic\*): ti or (community or abuse or child or children or maternal) NEAR/3 (treatment NEXT center\* or health NEXT center\* or clinic\*):ab #58 (health NEXT care NEXT reform\* or health NEXT service\* or community NEXT health NEXT nursing or family NEXT planning NEXT service\* or diagnostic NEXT service\* or mobile NEXT health NEXT unit\* or health NEXT promotion or health NEXT education or sex\* NEXT education or patient NEXT education or primary NEXT prevention or immunisation or vaccination):ti or (health NEXT care NEXT reform\* or health NEXT service\* or community NEXT health NEXT nursing or family NEXT planning NEXT service\* or diagnostic NEXT service\* or mobile NEXT health NEXT unit\* or health NEXT nursing or family NEXT planning NEXT service\* or diagnostic NEXT service\* or mobile NEXT health NEXT unit\* or health NEXT promotion or health NEXT education or sex\* NEXT education or patient NEXT service\* or mobile NEXT health NEXT unit\* or health NEXT promotion or health NEXT gluoning NEXT service\* or diagnostic NEXT service\* or mobile NEXT health NEXT unit\* or health NEXT promotion or health NEXT education or sex\* NEXT education or patient NEXT education or primary NEXT prevention or immunization or immunisation or vaccination):ab

#59 (#10 OR #11 OR #12 OR #13 OR #14 OR #15 OR #16 OR #17 OR #18 OR #19 OR #20 OR #21 OR #22 OR #23 OR #24 OR #25 OR #26 OR #27 OR #28 OR #29 OR #30 OR #31 OR #32 OR #33 OR #34 OR #35 OR #36 OR #37 OR #38 OR #39 OR #40 OR #41 OR #42 OR #43 OR #44 OR #45 OR #46 OR #47 OR #48 OR #49 OR #50 OR #51 OR #52 OR #53 OR #54 OR #55 OR #56 OR #57 OR #58)

#60 MeSH descriptor Referral and Consultation, this term only

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- #61 MeSH descriptor Interinstitutional Relations, this term only
- #62 MeSH descriptor Community-Institutional Relations, this term only
- #63 (integrat\*):ti or (integrat\*):ab
- #64 (deliver\* NEAR/3 (with or within or together)):ti or (deliver\* NEAR/3 (with or within or together)):ab
- #65 (bring NEXT together):ti or (bring NEXT together):ab
- #66 (horizontal or vertical):ti or (horizontal or vertical):ab
- #67 (coordinat\*):ti or (coordinat\*):ab
- #68 (co-ordinat\*):ti or (co-ordinat\*):ab
- #69 (link\*):ti or (link\*):ab
- #70 (multi\* NEXT team\*):ti or (multi\* NEXT team\*):ab
- #71 (multi\* NEAR/2 (care or service\* or clinic\*)):ti or (multi\* NEAR/2 (care or service\* or clinic\*)):ab
- #72 (multicare or multiservice\* or multiclinic\*):ti or (multicare or multiservice\* or multiclinic\*):ab
- #73 (multiskill\* or multitask\*):ti or (multiskill\* or multitask\*):ab
- #74 (multi NEXT skill\* or multi NEXT task\*):ti or (multi NEXT skill\* or multi NEXT task\*):ab
- #75 (#60 OR #61 OR #62 OR #63 OR #64 OR #65 OR #66 OR #67 OR #68 OR #69 OR #70 OR #71 OR #72 OR #73 OR #74)
- #76 MeSH descriptor Developing Countries, this term only
- #77 MeSH descriptor Medically Underserved Area, this term only
- #78 (Africa or Africa South of the Sahara or Asia or South America or Latin America or Central America):ti,ab,kw

#79 (American Samoa or Argentina or Belize or Botswana or Brazil or Bulgaria or Chile or Comoros or Costa Rica or Croatia or Dominica or Equatorial Guinea or Gabon or Grenada or Hungary or Kazakhstan or Latvia or Lebanon or Libya or Lithuania or Malaysia or Mauritius or Mexico or Micronesia or Montenegro or Oman or Palau or Panama or Poland or Romania or Russia or Seychelles or Slovakia or South Africa or Saint Kitts and Nevis or Saint Lucia or Saint Vincent and the Grenadines or Turkey or Uruguay or Venezuela or Yugoslavia or Guinea or Libia or Libyan or Mayotte or Northern Mariana Islands or Russian Federation or Samoa or Serbia or Slovak Republic or St Kitts and Nevis or St Lucia or St Vincent and the Grenadines):ti,ab,kw

#80 (Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or Bosnia and Herzegovina or Cameroon or China or Colombia or Congo or Cuba or Djibouti or Dominican Republic or Ecuador or Egypt or El Salvador or Fiji or Georgia (Republic) or Guam or Guatemala or Guyana or Honduras or Indian Ocean Islands or Indonesia or Iran or Iraq or Jamaica or Jordan or Lesotho or Macedonia (Republic) or Marshall Islands or Micronesia or Middle East or Moldova or Morocco or Namibia or Nicaragua or Paraguay or Peru or Philippines or Samoa or Sri Lanka or Suriname or Swaziland or Syria or Thailand or Tonga or Tunisia or Turkmenistan or Ukraine or Vanuatu or Bosnia or Cape Verde or Gaza or Georgia or Kiribati or Macedonia or Maldives or Marshall Islands or Palestine or Syrian Arab Republic or West Bank):ti,ab,kw

#81 (Afghanistan or Bangladesh or Benin or Burkina Faso or Burundi or Cambodia or Central African Republic or Chad or Comoros or Democratic Republic of the Congo or Cote d'Ivoire or Eritrea or Ethiopia or Gambia or Ghana or Guinea or Guinea-Bissau or Haiti or India or Kenya or Korea or Kyrgyzstan or Laos or Liberia or Madagascar or Malawi or Mali or Mauritania or Melanesia or Mongolia or Mozambique or Myanmar or Nepal or Niger or Nigeria or Pakistan or Papua New Guinea or Rwanda or Senegal or Sierra Leone or Somalia or Sudan or Tajikistan or Tanzania or East Timor or Togo or Uganda or Uzbekistan or Vietnam or Yemen or Zambia or Zimbabwe or Burma or Congo or Kyrgyz or Lao or North Korea or Salomon Islands or Sao Tome or Timor or Viet Nam):ti,ab,kw

#82 (rural or remote or nonmetropolitan or underserved or under NEXT served or deprived or shortage) NEXT (communit\* or count\* or area\* or region\* or province\* or district\*):ti or (rural or remote or nonmetropolitan or underserved or under NEXT served or deprived or shortage) NEXT (communit\* or count\* or area\* or region\* or province\* or district\*):ab

#83 (developing or less NEXT developed or third NEXT world or under NEXT developed or poor\*) NEXT (communit\* or count\* or district\* or state\* or province\* or jurisdiction\* or nation\* or region\* or area\* or territor\*):ti or (developing or less NEXT developed or third NEXT world or under NEXT developed or poor\*) NEXT (communit\* or count\* or district\* or state\* or province\* or jurisdiction\* or nation\* or region\* or area\* or territor\*):ab

#84 (middle NEXT income or low NEXT income or underserved or under NEXT served or shortage) NEXT (communit\* or count\* or district\* or state\* or province\* or jurisdiction\* or nation\* or region\* or area\* or territor\*):ti or (middle NEXT income or low NEXT income or underserved or under NEXT served or shortage) NEXT (communit\* or count\* or district\* or state\* or province\* or jurisdiction\* or nation\* or region\* or area\* or territor\*):ab

#85 (lmic or lmics):ti or (lmic or lmics):ab

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#86 (#76 OR #77 OR #78 OR #79 OR #80 OR #81 OR #82 OR #83 OR #84 OR #85)
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#87 (#9 AND #86)

#88 (#59 AND #75 AND #86)

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#89 (#87 OR #88)

MEDLINE (Ovid) 1. Delivery of Health Care, Integrated/ 2. Comprehensive Health Care/ 3. "Continuity of Patient Care"/ 4. Patient-Centered Care/ 5. (integrat\$ adj3 (care or service? or delivery or strateg\$ or program\$ or management)).tw. 6. integrated programs.kw. 7. or/1-6 8. "Delivery of Health Care"/ 9. Primary Health Care/ 10. Ambulatory Care/ 11. Health Care Reform/ 12. Health Services/ 13. Community Health Services/ 14. Community Health Nursing/ 15. Child Health Services/ 16. Women's Health Services/ 17. Family Planning Services/ 18. Reproductive Health Services/ 19. Maternal Health Services/ 20. Postnatal Care/ 21. Preconception Care/ 22. Prenatal Care/ 23. Preventive Health Services/ 24. Diagnostic Services/ 25. Adolescent Health Services/ 26. Mental Health Services/ 27. Community Mental Health Services/ 28. Health Services for the Aged/ 29. Health Services, Indigenous/ 30. Ambulatory Care Facilities/ 31. Mobile Health Units/ 32. Rural Health Services/ 33. Suburban Health Services/ 34. Community Health Centers/ 35. Substance Abuse Treatment Centers/ 36. Community Mental Health Centers/ 37. Child Guidance Clinics/ 38. Maternal-Child Health Centers/ 39. Outpatient Clinics, Hospital/ 40. Outpatients/ 41. Health Promotion/ 42. Health Education/ 43. Sex Education/ 44. Patient Education as Topic/ 45. Primary Prevention/ 46. Immunization Programs/ 47. Mass Immunization/ 48. Immunization/

49. Vaccination/

50. disease control program?.tw.

- 51. (primary adj3 (care or service? or clinic?)).tw.
- 52. primary health care.kw.
- 53. (outpatient? adj3 (care or service? or clinic?)).tw.
- 54. or/8-53
- 55. "Referral and Consultation"/
- 56. Interinstitutional Relations/
- 57. Community-Institutional Relations/
- 58. integrat\$.tw.
- 59. (deliver\$ adj3 (with or within or together)).tw.
- 60. bring together.tw.
- 61. horizontal.tw.
- 62. vertical.tw.
- 63. coordinat\$.tw.
- 64. co-ordinat\$.tw.
- 65. link\$.tw.
- 66. (multi\$ adj team?).tw.
- 67. (multi\$ adj2 (care or service? or clinic?)).tw.
- 68. (multicare or multiservice? or multiclinic?).tw.
- 69. multiskill\$.tw.
- 70. multi skill\$.tw.
- 71. multitask\$.tw.
- 72. multi task\$.tw.
- 73. or/55-72
- 74. Developing Countries/
- 75. Medically Underserved Area/
- 76. Africa/ or "Africa South of the Sahara"/ or Asia/ or South America/ or Latin America/ or Central America/
- 77. (Africa or Asia or South America or Latin America or Central America).tw.

78. (American Samoa or Argentina or Belize or Botswana or Brazil or Bulgaria or Chile or Comoros or Costa Rica or Croatia or Dominica or Equatorial Guinea or Gabon or Grenada or Hungary or Kazakhstan or Latvia or Lebanon or Libya or Lithuania or Malaysia or Mauritius or Mexico or Micronesia or Montenegro or Oman or Palau or Panama or Poland or Romania or Russia or Seychelles or Slovakia or South Africa or "Saint Kitts and Nevis" or Saint Lucia or "Saint Vincent and the Grenadines" or Turkey or Uruguay or Venezuela or Yugoslavia).mp. or Guinea.tw. or Libia.tw. or libyan.tw. or Mayotte.tw. or Northern Mariana Islands.tw. or Russian Federation.tw. or Samoa.tw. or Serbia.tw. or Slovak Republic.tw. or "St Kitts and Nevis".tw. or St Lucia.tw. or "St Vincent and the Grenadines".tw.

79. (Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or "Bosnia and Herzegovina" or Cameroon or China or Colombia or Congo or Cuba or Djibouti or Dominican Republic or Ecuador or Egypt or El Salvador or Fiji or "Georgia (Republic)" or Guam or Guatemala or Guyana or Honduras or Indian Ocean Islands or Indonesia or Iran or Iraq or Jamaica or Jordan or Lesotho or "Macedonia (Republic)" or Marshall Islands or Micronesia or Middle East or Moldova or Morocco or Namibia or Nicaragua or Paraguay or Peru or Philippines or Samoa or Sri Lanka or Suriname or Swaziland or Syria or Thailand or Tonga or Tunisia or Turkmenistan or Ukraine or Vanuatu).mp. or Bosnia.tw. or Cape Verde.tw. or Gaza.tw. or Georgia.tw. or Kiribati.tw. or Macedonia.tw. or Maldives.tw. or Marshall Islands.tw. or Palestine.tw. or Syrian Arab Republic.tw. or West Bank.tw.

80. (Afghanistan or Bangladesh or Benin or Burkina Faso or Burundi or Cambodia or Central African Republic or Chad or Comoros or "Democratic Republic of the Congo" or Cote d'Ivoire or Eritrea or Ethiopia or Gambia or Ghana or Guinea or Guinea-Bissau or Haiti or India or Kenya or Korea or Kyrgyzstan or Laos or Liberia or Madagascar or Malawi or Mali or Mauritania or Melanesia or Mongolia or Mozambique or Myanmar or Nepal or Niger or Nigeria or Pakistan or Papua New Guinea or Rwanda or Senegal or Sierra Leone or Somalia or Sudan or Tajikistan or Tanzania or East Timor or Togo or Uganda or Uzbekistan or Vietnam or Yemen or Zambia or Zimbabwe).mp. or Burma.tw. or Congo.tw. or Kyrgyz.tw. or Lao.tw. or North Korea.tw. or Salomon Islands.tw. or Sao Tome.tw. or Timor.tw. or Viet Nam.tw.

81. ((rural or remote or nonmetropolitan or underserved or under served or deprived or shortage) adj (communit\$ or count\$ or area? or region? or province? or district?)).tw.

82. ((developing or less\$ developed or third world or under developed or poor\$) adj (communit\$ or count\$ or district? or state? or province? or jurisdiction? or nation? or region? or area? or territor\$)).tw.

83. ((middle income or low income or underserved or shortage) adj (communit\$ or count\$ or district? or state? or province? or jurisdiction? or nation? or region? or area? or territor\$)).tw.

84. (lmic or lmics).tw.

85. or/74-84

86. randomized controlled trial.pt.

87. random\$.tw.

88. intervention\$.tw.

89. control\$.tw.

90. evaluat\$.tw.

91. or/86-90

92. Animals/

93. Humans/

94. 92 not (92 and 93)

95. (letter or editorial or comment).pt.

96. 95 not (95 and 86)

97. 91 not (94 or 96)

98. 7 and 85 and 97

99. 54 and 73 and 85 and 97

100. 98 or 99

## EMBASE (Ovid)

1. Integrated Health Care System/ 2. (integrat\$ adj3 (care or service? or delivery or strateg\$ or program\$ or management)).tw. 3. or/1-2 4. Health Care Delivery/ 5. Primary Health Care/ 6. Primary Medical Care/ 7. Outpatient Care/ 8. Ambulatory Care/ 9. Ambulatory Care Nursing/ 10. Health Service/ 11. Community Care/ 12. Community Health Nursing/ 13. Community Psychiatric Nursing/ 14. Community Based Rehabilitation/ 15. Community Program/ 16. Child Health Care/ 17. Newborn Care/ 18. Family Service/ 19. Family Planning/ 20. Birth Control/ 21. Maternal Care/ 22. Postnatal Care/ 23. Perinatal Care/ 24. Preventive Health Service/ 25. Mental Health Service/ 26. Elderly Care/ 27. Rural Health Care/ 28. Community Mental Health Center/ 29. Outpatient Department/ 30. Outpatient/ 31. exp Health Education/

32. Sexual Education/

- 33. Primary Prevention/
- 34. Preventive Health Service/
- 35. Mass Immunization/
- 36. Immunization/
- 37. Vaccination/
- 38. disease control program?.tw.
- 39. (primary adj3 (care or service? or clinic?)).tw.
- 40. (outpatient? adj3 (care or service? or clinic?)).tw.
- 41. or/4-40
- 42. Integration/
- 43. Patient Referral/
- 44. integrat\$.tw.
- 45. (deliver\$ adj3 (with or within or together)).tw.
- 46. bring together.tw.
- 47. horizontal.tw.
- 48. vertical.tw.
- 49. coordinat\$.tw.
- 50. co ordinat\$.tw.
- 51. link\$.tw.
- 52. (multi\$ adj team?).tw.
- 53. (multi\$ adj2 (care or service? or clinic?)).tw.
- 54. (multicare or multiservice? or multiclinic?).tw.
- 55. multiskill\$.tw.
- 56. multi skill\$.tw.
- 57. multitask\$.tw.
- 58. multi task\$.tw.
- 59. or/42-58
- 60. Developing Country/
- 61. Africa/ or "Africa South of the Sahara"/ or Asia/ or "South and Central America"/ or South America/ or Central America/
- 62. (Africa or Asia or South America or Latin America or Central America).tw.

63. (American Samoa or Argentina or Belize or Botswana or Brazil or Bulgaria or Chile or Costa Rica or Croatia or Dominica or Equatorial Guinea or Gabon or Grenada or Hungary or Kazakhstan or Latvia or Lebanon or Libyan Arab Jamahiriya or Lithuania or Malaysia or Mauritius or Mayotte or Mexico or Northern Mariana Islands or Oman or Palau or Panama or Poland or Romania or Russian Federation or Seychelles or Slovakia or South Africa or "Saint Kitts and Nevis" or Saint Lucia or "Saint Vincent and the Grenadines" or "Turkey (Republic)" or Uruguay or Venezuela or Yugoslavia).mp. or Guinea.tw. or Libya.tw. or Libyan.tw. or Montenegro.tw. or Russia.tw. or Samoa.tw. or Serbia.tw. or Slovak Republic.tw. or "St Kitts and Nevis".tw. or "St Lucia".tw. or "St Vincent and the Grenadines".tw. or Turkey.tw.

64. (Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or "Bosnia and Herzegovina" or Cameroon or Cape Verde or China or Colombia or Congo or Cuba or Djibouti or Dominican Republic or Ecuador or Egypt or El Salvador or "Federated States of Micronesia" or Fiji or "Georgia (Republic)" or Guatemala or Guyana or Honduras or Indonesia or Iran or Iraq or Jamaica or Jordan or Kiribati or Lesotho or Maldives or "Macedonia (Republic)" or Marshall Islands or Guam or Moldova or Morocco or Namibia or Nicaragua or Palestine or Paraguay or Peru or Philippines or Samoa or Sri Lanka or Suriname or Swaziland or Syrian Arab Republic or Thailand or Tonga or Tunisia or Turkmenistan or Ukraine or Vanuatu).mp. or Bosnia.tw. or Gaza.tw. or Georgia.tw. or Macedonia.tw. or Micronesia.tw. or Syrian.tw. or Syrian.tw. or West Bank.tw.

65. (Afghanistan or Bangladesh or Benin or Burkina Faso or Burundi or Cambodia or Central African Republic or Chad or Comoros or "Democratic Republic Congo" or Cote d'Ivoire or Eritrea or Ethiopia or Gambia or Ghana or Guinea or Guinea-Bissau or Haiti or India or Kenya or North Korea or Kyrgyzstan or Laos or Liberia or Madagascar or Malawi or Mali or Mauritania or Mongolia or Mozambique or Myanmar or Nepal or Niger or Nigeria or Pakistan or Papua New Guinea or Rwanda or Senegal or Sierra Leone or Solomon Islands or Somalia or Sudan or Tajikistan or Tanzania or Timor-Leste or Togo or Uganda or Uzbekistan or Viet Nam or Yemen or Zambia or Zimbabwe).mp. or Burma.tw. or Congo.tw. or Kyrgyz.tw. or Lao.tw. or Sao Tome.tw. or Timor.tw. or Vietnam.tw. 66. ((rural or remote or nonmetropolitan or underserved or under served or deprived or shortage) adj (communit\$ or count\$ or area? or region? or province? or district?)).tw.



67. ((developing or less\$ developed or third world or under developed or poor\$) adj (communit\$ or count\$ or district? or state? or province? or jurisdiction? or nation? or region? or area? or territor\$)).tw.

68. ((middle income or low income or underserved or shortage) adj (communit\$ or count\$ or district? or state? or province? or jurisdiction? or nation? or region? or area? or territor\$)).tw.

69. (lmic or lmics).tw.

70. or/60-69

- 71. Randomized Controlled Trial/
- 72. Time Series Analysis/
- 73. random\$.tw.
- 74. (time adj series).tw.
- 75. (pre test or pretest or post test or posttest).tw.
- 76. control\$.tw.
- 77. intervention\$.tw.
- 78. evaluat\$.tw.

79. experiment\$.tw.

- 80. impact.tw.
- 81. chang\$.tw.

82. effect?.tw.

- 83. compar\$.tw.
- 84. or/71-83
- 85. nonhuman/
- 86. 84 not 85
- 87. 3 and 70 and 86
- $\mathbf{88.}\ \mathbf{41}\ \mathbf{and}\ \mathbf{59}\ \mathbf{and}\ \mathbf{70}\ \mathbf{and}\ \mathbf{86}$
- 89. 87 or 88

## **CINAHL (EBSCO)**

S87 S	\$85 and \$86
S86 1	EM 200806-
S85 S	\$83 or \$84
S84 S	S44 and S62 and S75 and S82
S83 S	\$5 and \$75 and \$82
S82 S	\$76 or \$77 or \$78 or \$79 or \$80 or \$81
S81 7	TI ( random* or control* or experiment* or chang* or compar* or impact or intervention* or evaluat* or effect* or "time series" or "pre test" or "post test" or pretest or posttest ) or AB ( random*control* or experiment* or chang* or compar* or impact or intervention* or evaluat* or effect* or "time series" or "pre test" or "post test" or posttest )
S80 1	PT clinical trial
S79 (	(MH "Comparative Studies")
S78 (	(MH "Quasi-Experimental Studies+")
S77 (	(MH "Pretest-Posttest Design+")

#### S76 (MH "Clinical Trials")

#### S75 S63 or S64 or S65 or S66 or S67 or S68 or S69 or S70 or S71 or S72 or S73 or S74

- S74 TI ( "developing country" or "developing countries" or "developing nation" or "developing nations" or less\* W1 "developed country" or less\* W1 "developed nation" or less\* W1 "developed nations" or "third world" or "under developed" or "middle income" or "low income" or "underserved country" or "underserved countries" or "underserved nations" or "underserved nations" or "underserved nations" or "underserved population" or "under served population" or "under served populations" or "under served population" or "under served populations" or "under served populations" or "under served populations" or "deprived country" or "deprived country" or "developing nations" or "developing nations" or "developing nations" or "developing nations" or "under served populations" or "under served populations" or "underserved population" or "under served populations" or "under served population" or "under served nations" or "under served country" or "developing nation" or "developing nations" or less\* W1 "developed country" or "under served nation" or "under served country" or "under served nation" or "under served nation" or "under served country" or "under served countries" or "under served nation" or "under served population" or "under served nation" or "under served nation" or "under served population" or "under served population" or "unde
- S73 MW (Afghanistan or Bangladesh or Benin or "Burkina Faso" or Burundi or Cambodia or "Central African Republic" or Chad or Comoros or Congo or "Cote d'Ivoire" or Eritrea or Ethiopia or Gambia or Ghana or Guinea or Haiti or India or Kenya or Korea or Kyrgyz or Kyrgyzstan or Lao or Laos or Liberia or Madagascar or Malawi or Mali or Mauritania or Melanesia or Mongolia or Mozambique or Burma or Myanmar or Nepal or Niger or Nigeria or Pakistan or Rwanda or "Salomon Islands" or "Sao Tome" or Senegal or "Sierra Leone" or Somalia or Sudan or Tajikistan or Tanzania or Timor or Togo or Uganda or Uzbekistan or Vietnam or "Viet Nam" or Yemen or Zambia or Zimbabwe ) or TI ( Afghanistan or Bangladesh or Benin or "Burkina Faso" or Burundi or Cambodia or "Central African Republic" or Chad or Comoros or Congo or "Cote d'Ivoire" or Eritrea or Ethiopia or Gambia or Ghana or Guinea or Haiti or India or Kenya or Korea or Kyrgyz or Kyrgyzstan or Lao or Laos or Liberia or Madagascar or Malawi or Mali or Mauritania or Melanesia or Mongolia or Mozambique or Burma or Myanmar or Nepal or Niger or Nigeria or Pakistan or Rwanda or "Salomon Islands" or "Sao Tome" or Senegal or "Sierra Leone" or Somalia or Sudan or Tajikistan or Tanzania or Timor or Togo or Uganda or Uzbekistan or Vietnam or "Viet Nam" or Yemen or Zambia or Zimbabwe ) or AB ( Afghanistan or Bangladesh or Benin or "Burkina Faso" or Burundi or Cambodia or "Central African Republic" or Chad or Comoros or Congo or "Cote d'Ivoire" or Eritrea or Ethiopia or Gambia or Ghana or Guinea or Haiti or India or Kenya or Korea or Kyrgyz or Kyrgyzstan or Laos or Laos or Liberia or Madagascar or Malawi or Mali or Mauritania or Melanesia or Mongolia or Mozambique or Burma or Myanmar or Nepal or Niger or Nigeria or Pakistan or Rwanda or "Salomon Islands" or "Sao Tome" or Senegal or "Sierra Leone" or Somalia or Sudan or Tajikistan or Tanzania or Timor or Togo or Uganda or Uzbekistan or Vietnam or "Viet Nam" or Yemen or Zambia or Zimbabwe )
- S72 MW (Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or Bosnia or Herzegovina or "Cape Verde" or Cameroon or China or Colombia or Congo or Cuba or Djibouti or "Dominican Republic" or Ecuador or Egypt or "El Salvador" or Fiji or Gaza or Georgia or Guam or Guatemala or Guyana or Honduras or "Indian Ocean Islands" or Indonesia or Iran or Iraq or Jamaica or Jordan or Kiribati or Lesotho or Macedonia or Maldives or "Marshall Islands" or Micronesia or "Middle East" or Moldova or Morocco or Namibia or Nicaragua or Palestin\* or Paraguay or Peru or Philippines or Samoa or "Sri Lanka" or Suriname or Swaziland or Syria or "Syrian Arab Republic" or Thailand or Tonga or Tunisia or Turkmenistan or Ukraine or Vanuatu or "West Bank" ) or TI (Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or Bosnia or Herzegovina or "Cape Verde" or Cameroon or China or Colombia or Congo or Guatemala or Guyana or Honduras or "Indian Ocean Islands" or Indonesia or Iran or Iraq or Jamaica or Jordan or Kiribati or Lesotho or Macedonia or Maldives or "Marshall Islands" or Ecuador or Egypt or "El Salvador" or Fiji or Gaza or Georgia or Guam or Guatemala or Guyana or Honduras or "Indian Ocean Islands" or Indonesia or Iran or Iraq or Jamaica or Jordan or Kiribati or Lesotho or Macedonia or Maldives or "Marshall Islands" or Micronesia or "Middle East" or Moldova or Morocco or Namibia or Nicaragua or Palestin\* or Paraguay or Peru or Philippines or Samoa or "Sri Lanka" or Suriname or Swaziland or Syria or

"Syrian Arab Republic" or Thailand or Tonga or Tunisia or Turkmenistan or Ukraine or Vanuatu or "West Bank" Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or Bosnia or Herzegovina or "Cape Verde" or Cameroon or China or Colombia or Congo or Cuba or Djibouti or "Dominican Republic" or Ecuador or Egypt or "El Salvador" or Fiji or Gaza or Georgia or Guam or Guatemala or Guyana or Honduras or "Indian Ocean Islands" or Indonesia or Iran or Iraq or Jamaica or Jordan or Kiribati or Lesotho or Macedonia or Maldives or "Marshall Islands" or Micronesia or "Middle East" or Moldova or Morocco or Namibia or Nicaragua or Palestin\* or Paraguay or Peru or Philippines or Samoa or "Sri Lanka" or Suriname or Swaziland or Syria or "Syrian Arab Republic" or Thailand or Tonga or Tunisia or Turkmenistan or Ukraine or Vanuatu or "West Bank" ) or AB (Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or Bosnia or Herzegovina or "Cape Verde" or Cameroon or China or Colombia or Congo or Cuba or Djibouti or "Dominican Republic" or Ecuador or Egypt or "El Salvador" or Fiji or Gaza or Georgia or Guam or Guatemala or Guyana or Honduras or "Indian Ocean Islands" or Indonesia or Iran or Iraq or Jamaica or Jordan or Kiribati or Lesotho or Macedonia or Maldives or "Marshall Islands" or Micronesia or "Middle East" or Moldova or Morocco or Namibia or Nicaragua or Palestin\* or Paraguay or Peru or Philippines or Samoa or "Sri Lanka" or Suriname or Swaziland or Syria or "Syrian Arab Republic" or Thailand or Tonga or Tunisia or Turkmenistan or Ukraine or Vanuatu or "West Bank" )

S71 MW ("American Samoa" or Argentina or Belize or Botswana or Brazil or Bulgaria or Chile or Comoros or "Costa Rica" or Croatia or Dominica or Guinea or Gabon or Grenada or Grenadines or Hungary or Kazakhstan or Latvia or Lebanon or Libia or libyan or Libya or Lithuania or Malaysia or Mauritius or Mayotte or Mexico or Micronesia or Montenegro or Nevis or "Northern Mariana Islands" or Oman or Palau or Panama or Poland or Romania or Russia or "Russian Federation" or Samoa or "Saint Lucia" or "St Lucia" or "Saint Kitts" or "St Kitts" or "Saint Vincent" or "St Vincent" or Serbia or Seychelles or Slovakia or "Slovak Republic" or "South Africa" or Turkey or Uruguay or Venezuela or Yugoslavia ) or TI ( "American Samoa" or Argentina or Belize or Botswana or Brazil or Bulgaria or Chile or Comoros or "Costa Rica" or Croatia or Dominica or Guinea or Gabon or Grenada or Grenadines or Hungary or Kazakhstan or Latvia or Lebanon or Libia or libyan or Libya or Lithuania or Malaysia or Mauritius or Mayotte or Mexico or Micronesia or Montenegro or Nevis or "Northern Mariana Islands" or Oman or Palau or Panama or Poland or Romania or Russia or "Russian Federation" or Samoa or "Saint Lucia" or "St Lucia" or "Saint Kitts" or "St Kitts" or "Saint Vincent" or "St Vincent" or Serbia or Seychelles or Slovakia or "Slovakia" Republic" or "South Africa" or Turkey or Uruguay or Venezuela or Yugoslavia ) or AB ( "American Samoa" or Argentina or Belize or Botswana or Brazil or Bulgaria or Chile or Comoros or "Costa Rica" or Croatia or Dominica or Guinea or Gabon or Grenada or Grenadines or Hungary or Kazakhstan or Latvia or Lebanon or Libia or libyan or Libya or Lithuania or Malaysia or Mauritius or Mayotte or Mexico or Micronesia or Montenegro or Nevis or "Northern Mariana Islands" or Oman or Palau or Panama or Poland or Romania or Russian or "Russian Federation" or Samoa or "Saint Lucia" or "St Lucia" or "Saint Kitts" or "St Kitts" or "Saint Vincent" or "St Vincent" or Serbia or Seychelles or Slovakia or "Slovak Republic" or "South Africa" or Turkey or Uruguay or Venezuela or Yugoslavia )

S70 TI (Africa or Asia or "South America" or "Latin America" or "Central America") or AB (Africa or Asia or "South America" or "Latin America") or "Latin America" or "Central America")

S69	(MH "Asia+")
S68	(MH "West Indies+")
S67	(MH "South America+")
S66	(MH "Latin America")
S65	(MH "Central America+")
S64	(MH "Africa+")

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S63	(MH "Developing Countries")
S62	\$45 or \$46 or \$47 or \$48 or \$49 or \$50 or \$51 or \$52 or \$53 or \$54 or \$55 or \$56 or \$57 or \$58 or \$59 or \$60 or \$61
S61	TI multi W1 task* or AB multi W1 task*
S60	TI multitask* or AB multitask*
S59	TI multi W1 skill* or AB multi W1 skill*
S58	TI multiskill* or AB multiskill*
S57	TI ( multicare or multiservice* or multiclinic* ) or AB ( multicare or multiservice* or multiclinic* )
S56	TI ( multi* N2 care or multi* N2 service* or multi* N2 clinic* ) or AB ( multi* N2 care or multi* N2 service* or multi* N2 clinic* )
S55	TI multi* W1 team* or AB multi* W1 team*
S54	TI co W1 ordinat* or AB co W1 ordinat*
S53	TI coordinat* or AB coordinat*
S52	TI vertical or AB vertical
S51	TI horizontal or AB horizontal
S50	TI "bring together" or AB "bring together"
S49	TI ( deliver* N3 with or deliver* N3 within or deliver* N3 together ) or AB ( deliver* N3 with or deliver* N3 within or deliver* N3 together )
S48	TI integrat* or AB integrat*
S47	(MH "Community-Institutional Relations")
S46	(MH "Interinstitutional Relations")
S45	(MH "Referral and Consultation")
S44	S6 or S7 or S8 or S9 or S10 or S11 or S12 or S13 or S14 or S15 or S16 or S17 or S18 or S19 or S20 or S21 or S22 or S23 or S24 or S25 or S26 or S27 or S28 or S29 or S30 or S31 or S32 or S33 or S34 or S35 or S36 or S37 or S38 or S39 or S40 or S41 or S42 or S43
S43	TI ( outpatient* N3 care or outpatient* N3 service* or outpatient* N3 clinic* ) or AB ( outpatient* N3 care or outpatient* N3 service* or outpatient* N3 clinic* )
S42	TI ( primary N3 care or primary N3 service* or primary N3 clinic* ) or AB ( primary N3 care or primary N3 service* or primary N3 clinic* )

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S41	TI "disease control" W1 program* or AB "disease control" W1 program*
S40	(MH "Immunization")
\$39	(MH "Immunization Programs")
S38	(MH "HIV Education")
\$37	(MH "Diabetes Education")
S36	(MH "Patient Education")
\$35	(MH "Sex Education")
\$34	(MH "Health Education")
S33	(MH "Breast Feeding Promotion")
\$32	(MH "Health Promotion")
\$31	(MH "Outpatient Service")
S30	(MH "Outpatients")
S29	(MH "Community Health Nursing")
S28	(MH "Community Health Centers")
S27	(MH "Rural Health Services")
S26	(MH "Mobile Health Units")
S25	(MH "Ambulatory Care Facilities")
S24	(MH "Health Services, Indigenous")
S23	(MH "Health Services for the Aged")
S22	(MH "Community Mental Health Services")
S21	(MH "Mental Health Services")
S20	(MH "Adolescent Health Services")
S19	(MH "Diagnostic Services")
S18	(MH "Preventive Health Care")

S17	(MH "Prenatal Care")
S16	(MH "Prepregnancy Care")
S15	(MH "Postnatal Care")
S14	(MH "Maternal Health Services")
S13	(MH "Family Planning")
S12	(MH "Women's Health Services")
S11	(MH "Community Health Services")
S10	(MH "Health Services")
S9	(MH "Health Care Reform")
S8	(MH "Ambulatory Care")
S7	(MH "Primary Health Care")
S6	(MH "Health Care Delivery")
S5	S1 or S2 or S3 or S4
S4	TI ( integrat* N3 care or integrat* N3 service* or integrat* N3 delivery or integrat* N3 strateg* or integrat* N3 program* or integrat* N3 management ) or AB ( integrat* N3 care or integrat* N3 service* or integrat* N3 delivery or integrat* N3 strateg* or integrat* N3 program* or integrat* N3 management )
S3	(MH "Patient Centered Care")
S2	(MH "Continuity of Patient Care")
S1	(MH "Health Care Delivery, Integrated")

#### Sociological Abstracts & Social Services Abstracts

(KW=primary health care or KW=primary care or KW=health care or KW=patient care or KW=patient centred care or KW=patient centered care or KW=ambulatory care or KW=community care or KW=family planning or KW=postnatal care or KW=prenatal care or KW=preventive care or KW=primary prevention or KW=health service\* or KW=care service\* or KW= diagnostic care or KW=care facility or KW=health facility or KW=care facilities or KW=health center\* or KW= treatment center\* or KW=health clinic\* or KW=outpatient\* or KW=health promotion or KW=health education or KW=sex\* education or KW=patient education or KW=immunization or KW=immunisation or KW=vaccination or KW=disease control program\*) and(TI=integrat\* or AB=integrat\* or KW=delivery system\* or KW=integrated delivery system\* or KW=multi team\* or KW=multieam\* or KW= coordinat\* or KW=multi skill\* or KW=horizontal or KW=multicare\* or KW=multiservice\* or KW=multi clinic\* or KW=multi clinic\*) and((KW=(Developing Countries or Africa or Asia or South America

or Latin America or Central America)) or (KW=(American Samoa or Argentina or Belize or Botswana or Brazil or Bulgaria or Chile or Comoros or Costa Rica or Croatia or Dominica or Equatorial Guinea or Gabon or Grenada or Hungary or Kazakhstan or Latvia or Lebanon or Libya or Lithuania or Malaysia or Mauritius or Mexico or Micronesia or Montenegro or Oman or Palau or Panama or Poland or Romania or Russia or Seychelles or Slovakia or South Africa or Saint Kitts or Nevis or Saint Lucia or Saint Vincent or Grenadines or Turkey or Uruguay or Venezuela or Yugoslavia or Guinea or Libia or Libyan or Mayotte or Northern Mariana Islands or Russian Federation or Samoa or Serbia or Slovak Republic or St Kitts or St Lucia or St Vincent)) or(KW=(Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or Bosnia or Cameroon or China or Colombia or Congo or Cuba or Djibouti or Dominican Republic or Ecuador or Egypt or El Salvador or Fiji or Georgia or Guam or Guatemala or Guyana or Honduras or Indian Ocean Islands or Indonesia or Iran or Iraq or Jamaica or Jordan or Lesotho or Macedonia or Marshall Islands or Micronesia or Middle East or Moldova or Morocco or Namibia or Nicaragua or Paraguay or Peru or Philippines or Samoa or Sri Lanka or Suriname or Swaziland or Syria or Thailand or Tonga or Tunisia or Turkmenistan or Ukraine or Vanuatu or Cape Verde or Gaza or Kiribati or Maldives or Palestine or Syrian Arab Republic or West Bank)) or(KW=(Afghanistan or Bangladesh or Benin or Burkina Faso or Burundi or Cambodia or Central African Republic or Chad or Comoros or Congo or Cote d'Ivoire or Eritrea or Ethiopia or Gambia or Ghana or Guinea or Haiti or India or Kenya or Korea or Kyrgyzstan or Laos or Liberia or Madagascar or Malawi or Mali or Mauritania or Melanesia or Mongolia or Mozambique or Myanmar or Nepal or Niger or Nigeria or Pakistan or Papua New Guinea or Rwanda or Senegal or Sierra Leone or Somalia or Sudan or Tajikistan or Tanzania or Timor Togo or Uganda or Uzbekistan or Vietnam or Yemen or Zambia or Zimbabwe or Burma or Kyrgyz or Lao or North Korea or Salomon Islands or Sao Tome or Viet Nam)) or(KW=(rural or remote or nonmetropolitan or underserved or under served or deprived or shortage) within 1 (communit\* or count\* or area\* or region\* or province\* or district\*)) or(KW=(developing or less\* developed or third world or under developed or poor\*) within 1 (communit\* or count\* or district\* or state\* or province\* or jurisdiction\* or nation\* or region\* or area\* or territory\*)) or(KW=(middle income or low income or underserved or shortage) within 1 (communit\* or count\* or district\* or state\* or province\* or jurisdiction\* or nation\* or region\* or area\* or territory\*)) or(KW=(lmic or lmics))) and(KW=random\* or KW=intervention\* or KW=control\* or KW=evaluat\* or KW=time series or KW=quasi experiment\* or KW=pre test or KW=pretest or KW=post test or KW=posttest or KW=effect\*)

## POPLINE (Advanced search)

## 1. Title/Keyword:

(integrat\* w2 program\* / integrat\* w2 care / integrat\* w2 service\* / integrat\* w2 delivery / integrat\* w2 strateg\* / integrat\* w2 management) & (random\* / control\* / compare\* / intervention\* / evaluat\* / effect\* / experiment\* / impact / chang\* / pre test / pretest / post test / post test / pre-post tests / time series) AND Year (2005 / 2006 / 2007 / 2008 / 2009 / 2010) OR

#### 2. Title/Keyword:

(primary w2 care / primary w2 service\* / healthcare / health care / outpatient\*) & (integrat\* / coordinat\* / coordinat\* / seamless) & (random\* / control\* / evaluat\* / intervention\* / comparative stud\* / pre test / pretest / post test / posttest / pre-post tests / time series) AND Year (2005 / 2006 / 2007 / 2008 / 2009 / 2010)

## International Bibliography of the Social Sciences

- #30 #4 and #7 and #24 and #29
- #29 #25 or #26 or #27 or #28
- #28 (development studies) in DE
- #27 ((random\*) or (clinical near1 trial) or (intervention\*) or (control\*) or (evaluat\*) or (time series) or (pre test) or (pretest) or (post test) or (posttest) or (effect\*) or (experiment\*) or (impact) or (compare\*)) in AB
- #26 ((random\*) or (clinical near1 trial) or (intervention\*) or (control\*) or (evaluat\*) or (time series) or (pre test) or (pretest) or (post test) or (posttest) or (effect\*) or (experiment\*) or (impact) or (compare\*)) in TI
- #25 ((random\*) or (clinical near1 trial) or (intervention\*) or (control\*) or (evaluat\*) or (time series) or (pre test) or (post test) or (post test) or (effect\*) or (experiment\*) or (impact) or (compare\*)) in DE
- #24 #11 or #15 or #19 or #23
- #23 #20 or #21 or #22

#22 ((developing countr\*) or (Africa) or (Asia) or (South America) or (Latin America) or (Central Amedica) or (rural) or (remote) or (nonmetropolitan) or (non metropolitan) or (underserved) or (under served) or (deprived) or (shortage) or (less\* developed) or (third world) or (under developed) or (poor\*) or (middle income) or (low income) or (lmic) or (lmics)) in AB

#21 ((developing countr\*) or (Africa) or (Asia) or (South America) or (Latin America) or (Central Amedica) or (rural) or (remote) or (nonmetropolitan) or (non metropolitan) or (underserved) or (under served) or (deprived) or (shortage) or (less\* developed) or (third world) or (under developed) or (poor\*) or (middle income) or (low income) or (lmic) or (lmics)) in TI

#20 ((developing countr\*) or (Africa) or (Asia) or (South America) or (Latin America) or (Central Amedica) or (rural) or (remote) or (nonmetropolitan) or (non metropolitan) or (underserved) or (under served) or (deprived) or (shortage) or (less\* developed) or (third world) or (under developed) or (poor\*) or (middle income) or (low income) or (lmic) or (lmics)) in DE
#19 #16 or #17 or #18

#18 (Afghanistan or Bangladesh or Benin or Burkina Faso or Burundi or Cambodia or Central African Republic or Chad or Comoros or Congo or Cote d'Ivoire or Eritrea or Ethiopia or Gambia or Ghana or Guinea or Guinea Bissau or Haiti or India or Kenya or Korea or Kyrgyzstan or Laos or Liberia or Madagascar or Malawi or Mali or Mauritania or Melanesia or Mongolia or Mozambique or Myanmar or Nepal or Niger or Nigeria or Pakistan or Papua New Guinea or Rwanda or Senegal or Sierra Leone or Somalia or Sudan or Tajikistan or Tanzania or East Timor or Togo or Uganda or Uzbekistan or Vietnam or Yemen or Zambia or Zimbabwe or Burma or Kyrgyz or Lao or North Korea or Salomon Islands or Sao Tome or Timor or Viet Nam) in AB

#17 (Afghanistan or Bangladesh or Benin or Burkina Faso or Burundi or Cambodia or Central African Republic or Chad or Comoros or Congo or Cote d'Ivoire or Eritrea or Ethiopia or Gambia or Ghana or Guinea or Guinea Bissau or Haiti or India or Kenya or Korea or Kyrgyzstan or Laos or Liberia or Madagascar or Malawi or Mali or Mauritania or Melanesia or Mongolia or Mozambique or Myanmar or Nepal or Niger or Nigeria or Pakistan or Papua New Guinea or Rwanda or Senegal or Sierra Leone or Somalia or Sudan or Tajikistan or Tanzania or East Timor or Togo or Uganda or Uzbekistan or Vietnam or Yemen or Zambia or Zimbabwe or Burma or Kyrgyz or Lao or North Korea or Salomon Islands or Sao Tome or Timor or Viet Nam) in TI

#16 (Afghanistan or Bangladesh or Benin or Burkina Faso or Burundi or Cambodia or Central African Republic or Chad or Comoros or Congo or Cote d'Ivoire or Eritrea or Ethiopia or Gambia or Ghana or Guinea or Guinea Bissau or Haiti or India or Kenya or Korea or Kyrgyzstan or Laos or Liberia or Madagascar or Malawi or Mali or Mauritania or Melanesia or Mongolia or Mozambique or Myanmar or Nepal or Niger or Nigeria or Pakistan or Papua New Guinea or Rwanda or Senegal or Sierra Leone or Somalia or Sudan or Tajikistan or Tanzania or East Timor or Togo or Uganda or Uzbekistan or Vietnam or Yemen or Zambia or Zimbabwe or Burma or Kyrgyz or Lao or North Korea or Salomon Islands or Sao Tome or Timor or Viet Nam) in DE

#15 #12 or #13 or #14

#14 (Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or Bosnia or Herzegovina or Cameroon or China or Colombia or Congo or Cuba or Djibouti or Dominican Republic or Ecuador or Egypt or El Salvador or Fiji or Georgia or Guam or Guatemala or Guyana or Honduras or Indian Ocean Islands or Indonesia or Iran or Iraq or Jamaica or Jordan or Lesotho or Macedonia or Marshall Islands or Micronesia or Middle East or Moldova or Morocco or Namibia or Nicaragua or Paraguay or Peru or Philippines or Samoa or Sri Lanka or Suriname or Swaziland or Syria or Thailand or Tonga or Tunkmenistan or Ukraine or Vanuatu or Cape Verde or Gaza or Kiribati or Maldives or Palestine or Syrian Arab Republic or West Bank) in AB

#13 (Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or Bosnia or Herzegovina or Cameroon or China or Colombia or Congo or Cuba or Djibouti or Dominican Republic or Ecuador or Egypt or El Salvador or Fiji or Georgia or Guam or Guatemala or Guyana or Honduras or Indian Ocean Islands or Indonesia or Iran or Iraq or Jamaica or Jordan or Lesotho or Macedonia or Marshall Islands or Micronesia or Middle East or Moldova or Morocco or Namibia or Nicaragua or Paraguay or Peru or Philippines or Samoa or Sri Lanka or Suriname or Swaziland or Syria or Thailand or Tonga or Tunkmenistan or Ukraine or Vanuatu or Cape Verde or Gaza or Kiribati or Maldives or Palestine or Syrian Arab Republic or West Bank) in TI

#12 (Albania or Algeria or Angola or Armenia or Azerbaijan or Belarus or Bhutan or Bolivia or Bosnia or Herzegovina or Cameroon or China or Colombia or Congo or Cuba or Djibouti or Dominican Republic or Ecuador or Egypt or El Salvador or Fiji or Georgia or Guam or Guatemala or Guyana or Honduras or Indian Ocean Islands or Indonesia or Iran or Iraq or Jamaica or Jordan or Lesotho or Macedonia or Marshall Islands or Micronesia or Middle East or Moldova or Morocco or Namibia or Nicaragua or Paraguay or Peru or Philippines or Samoa or Sri Lanka or Suriname or Swaziland or Syria or Thailand or Tonga or Turkmenistan or Ukraine or Vanuatu or Cape Verde or Gaza or Kiribati or Maldives or Palestine or Syrian Arab Republic or West Bank) in DE

#10 (American Samoa or Argentina or Belize or Botswana or Brazil or Bulgaria or Chile or Comoros or Costa Rica or Croatia or Dominica or Equatorial Guinea or Gabon or Grenada or Hungary or Kazakhstan or Latvia or Lebanon or Libya or Lithuania or Malaysia or Mauritius or Mexico or Micronesia or Montenegro or Oman or Palau or Panama or Poland or Romania or Russia or Seychelles or Slovakia or South Africa or Saint Kitts or Nevis or Saint Lucia or "Saint Vincent and the Grenadines" or Turkey or Uruguay or Venezuela or Yugoslavia Guinea or Libia or Libyan or Mayotte or Northern Mariana Islands or Russian Federation or Samoa or Serbia or Slovak Republic or St Kitts or St Lucia or St Vincent or Grenadines) in AB

#9 (American Samoa or Argentina or Belize or Botswana or Brazil or Bulgaria or Chile or Comoros or Costa Rica or Croatia or Dominica or Equatorial Guinea or Gabon or Grenada or Hungary or Kazakhstan or Latvia or Lebanon or Libya or Lithuania or Malaysia or Mauritius or Mexico or Micronesia or Montenegro or Oman or Palau or Panama or Poland or Romania or Russia or Seychelles or Slovakia or South Africa or Saint Kitts or Nevis or Saint Lucia or "Saint Vincent and the Grenadines" or Turkey or Uruguay or Venezuela or Yugoslavia Guinea or Libia or Libyan or Mayotte or Northern Mariana Islands or Russian Federation or Samoa or Serbia or Slovak Republic or St Kitts or St Lucia or St Vincent or Grenadines) in TI

#8 (American Samoa or Argentina or Belize or Botswana or Brazil or Bulgaria or Chile or Comoros or Costa Rica or Croatia or Dominica or Equatorial Guinea or Gabon or Grenada or Hungary or Kazakhstan or Latvia or Lebanon or Libya or Lithuania or Malaysia or Mauritius or Mexico or Micronesia or Montenegro or Oman or Palau or Panama or Poland or Romania or Russia or Seychelles or Slovakia or South Africa or Saint Kitts or Nevis or Saint Lucia or "Saint Vincent and the Grenadines" or Turkey or Uruguay or Venezuela or Yugoslavia Guinea or Libia or Libyan or Mayotte or Northern Mariana Islands or Russian Federation or Samoa or Serbia or Slovak Republic or St Kitts or St Lucia or St Vincent or Grenadines) in DE

#7 #5 or #6

#6 ((integrat\*) or (delivery near system\*) or (deliver\* near2 within) or (deliver\* near2 together) or (bring adj together) or (interdisciplinary) or (coordinat\*) or (co-ordinat\*) or (vertical) or (horizontal) or (link\*) or (multi near2 team\*) or (multiteam\*) or (multi near2 task\*) or (multitask\*) or (multi near2 skill\*) or (multiskill\*) or (multicare\*) or (multiservice\*) or (multiclinic\*) or (multi near2 care\*) or (multi near2 service\*) or (multi near2 clinic\*)) in AB

#5 ((integrat\*) or (delivery near system\*) or (deliver\* near2 within) or (deliver\* near2 together) or (bring adj together) or (interdisciplinary) or (coordinat\*) or (co-ordinat\*) or (vertical) or (horizontal) or (link\*) or (multi near2 team\*) or (multiteam\*) or (multi near2 task\*) or (multiteam\*) or (multi near2 skill\*) or (multiskill\*) or (multicare\*) or (multiservice\*) or (multiclinic\*) or (multi near2 care\*) or (multi near2 service\*) or (multi near2 clinic\*)) in TI

#4 #1 or #2 or #3

#3 ((primary near2 care) or (primary near2 service\*) or (health near2 care) or (health adj service\*) or (patient near care) or (ambulatory adj care) or (ambulatory adj service\*) or (community adj care) or (family adj planning) or (postnatal adj care) or (prenatal adj care) or (preconception adj care) or (preventive adj care) or (preventive adj service\*) or (primary adj prevention) or (care adj service\*) or (diagnostic adj care) or (diagnostic adj service\*) or (care adj facility) or (health adj facility) or (care adj facilities) or (health adj facilities) or (health near2 center\*) or (treatment near2 center\*) or (health near2 clinic\*) or (outpatient\*) or (health adj or (health adj education) or (sex\* adj education) or (patient adj education) or (immunization) or (immunisation) or (vaccination) or (disease near2 program\*)) in AB

#2 ((primary near2 care) or (primary near2 service\*) or (health near2 care) or (health adj service\*) or (patient near care) or (ambulatory adj care) or (ambulatory adj service\*) or (community adj care) or (family adj planning) or (postnatal adj care) or (prenatal adj care) or (preconception adj care) or (preventive adj care) or (preventive adj service\*) or (primary adj prevention) or (care adj service\*) or (diagnostic adj care) or (diagnostic adj service\*) or (care adj facility) or (health adj facility) or (care adj facilities) or (health adj facilities) or (health near2 center\*) or (treatment near2 center\*) or (health near2 clinic\*) or (outpatient\*) or (health adj promotion) or (health adj education) or (sex\* adj education) or (patient adj education) or (immunization) or (immunisation) or (vaccination) or (disease near2 program\*)) in TI

#1 ((primary near2 care) or (primary near2 service\*) or (health near2 care) or (health adj service\*) or (patient near care) or (ambulatory adj care) or (ambulatory adj service\*) or (community adj care) or (family adj planning) or (postnatal adj care) or (prenatal adj care) or (preconception adj care) or (preventive adj care) or (preventive adj service\*) or (primary adj prevention) or (care adj service\*) or (diagnostic adj care) or (diagnostic adj service\*) or (care adj facility) or (health adj facility) or (care adj facilities) or (health adj facilities) or (health near2 center\*) or (treatment near2 center\*) or (health near2 clinic\*) or (outpatient\*) or (health adj promotion) or (health adj education) or (sex\* adj education) or (patient adj education) or (immunization) or (immunisation) or (vaccination) or (disease near2 program\*)) in DE

#### DATABASE SYNTAX GUIDE CENTRAL - Cochrane Library Online

CENTICAL - Countaile Library Online						
AND	AND operator	Includes both terms				
OR	OR operator	Includes either both, the one or the other term				
MeSH descriptor	Subject Heading					
:ti	Title word					

:ab	Abstract word	
*	Truncation	Adds non or more characters
NEAR/n	NEAR operator	Requires words are adjacent with $n$ words in between - regardless of word order
NEXT	NEXT operator	Requires words are adjacent to each other in the order typed in
Ovid databases		
AND	AND operator	Includes both terms
OR	OR operator	Includes either both, the one or the other term
1	Subject Heading	
.ab.	Abstract word	
.tw.	Text Word	Word in title or abstract field
.fs.	Floating subheading	Subheading of any Subject Heading
.pt.	Publication type	
.sh.	Subject Heading	
.mp.		Will search in title, abstract and in Subject Heading field
exp	Explode	Will include narrower terms to the Subject Heading being exploded
\$	Truncation/wild card	Adds non or more characters
\$ <i>n</i>	Truncation/wild card	Adds non to <i>n</i> characters
?	Truncation/wild card	Adds non or one character
adj	Adjacency	Requires words are adjacent to each other in the order typed in
adj <i>n</i>	Adjacency	Requires words are adjacent with $n$ words in between - regardless of word order
"_"	Double quotation mark	Exact phrase searching
POPLINE		
### (Continued)

Subject search		Will search in title, abstract and in keyword field		
&	AND operator	Includes both terms		
/	OR operator	Includes either both, the one or the other term		
Wn	WITHIN operator	Requires words are adjacent with $n$ words in between - regardless of word order		
*	Truncation	Adds non or more characters		
EBSCO				
МН	CINAHL Heading			
?	Wildcard	Replaces a single character		
*	Truncation	Adds non or more characters		
Nn	Near operator	N5 finds the words if they are within five words of one another regardless of word order		
Wn	Within operator	W5 finds the words if they are within five words of one an- other and in the order typed in		
«_«	Double quotation mark	Exact phrase searching		
CSA				
DE=	Descriptor			
TI=	Title word			
AB=	Abstract word			
*	Truncation	Adds non or more characters		

# WHAT'S NEW

Last assessed as up-to-date: 20 November 2010.

Date	Event	Description
21 November 2010	New citation required but conclusions have not changed	The 2010 version includes five new studies. One of these five had been previously excluded. We have also now excluded studies evaluating Integrated Manage- ment of Childhood Illness (IMCI) and other 'pack- ages of care', which will be covered in a separate re- view. The latter decision was based on an updated def- inition of integration which regards packages of care as an intervention which can be delivered vertically with specialised support and resources, or horizontally fully integrated into primary health care (PHC). So the package per se is not a form of integration. The update also incorporates literature related to a new donor word, "linkages". The range of service delivery areas covered in the new review is wider and includes TB, HIV, STI and reproductive health service integra- tion. This reflects the new research. Authorship has changed as all previous authors were not available to conduct the update.
21 November 2010	New search has been performed	This is an update of a published review which was last updated in 2006. The original review has been split into two reviews and the second review on Integrated Management of Childhood Illness (IMCI) programs will be published separately.

# HISTORY

Protocol first published: Issue 1, 2001 Review first published: Issue 4, 2001

Date	Event	Description
22 February 2006	New citation required and conclusions have changed	Substantive amendment

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## CONTRIBUTIONS OF AUTHORS

Lilian Dudley carried out the update in 2010, working with Paul Garner who conducted the 2005 update. In the first version of this review, in 2001, Jane Briggs wrote the protocol, conducted the literature search and data extraction, drafted and redrafted the review. Pierre Capdegelle conducted an initial overview of the concepts and appraised potentially relevant studies, advised on inclusion of studies, co-extracted the data and co-wrote the protocol and review.

Paul Garner supported the conceptual development of the topic; helped with the protocol, data extraction, data presentation, analysis and interpretation; was commissioned to conduct the review and liaised with the World Health Organization (WHO). Philemona Hinds provided administrative support for the updated review.

## DECLARATIONS OF INTEREST

None known

## SOURCES OF SUPPORT

### Internal sources

- International Health Division, Liverpool School of Tropical Medicine, UK.
- Faculty of Health Sciences, University of Stellenbosch, South Africa.
- Center for Pharmaceutical Management, Management Sciences for Health, USA.

#### **External sources**

- Norwegian Knowledge Centre for the Health Services, Norway.
- Department for International Development, UK.

# DIFFERENCES BETWEEN PROTOCOL AND REVIEW

The 2010 update includes 'linkages' as part of integration in the inclusion criteria and in the search. The update excludes 'packages' of care as a mechanism of integration, as such packages can be delivered either as 'vertical' services with special support and resources, or are added or fully integrated into routine care. Studies assessing effectiveness of packages were therefore not included.

## ΝΟΤΕS

This review is an update; the original review was first published in Issue 4, 2001 of The Cochrane Library and updated in 2006. The original review has been split into two reviews of which this update is one. The other review "Integrated management of childhood illness programmes in low- and middle-income countries" will be published as a separate review.

## INDEX TERMS

## Medical Subject Headings (MeSH)

\*Delivery of Health Care, Integrated; \*Developing Countries; Child Health Services [organization & administration]; Controlled Clinical Trials as Topic; Family Planning Services [organization & administration]; Health Care Costs; Outcome Assessment (Health Care); Primary Health Care [\*organization & administration]; Sexually Transmitted Diseases [prevention & control]

## MeSH check words

Child; Humans

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